



350 S. Bixel Suite 150  
 Los Angeles, CA 90017-1800  
 Tel 213. 749.4261  
 Fax 213. 745.1040  
[info@mchaccess.org](mailto:info@mchaccess.org)  
[www.mchaccess.org](http://www.mchaccess.org)

## CHILD HEALTH AND DISABILITY PREVENTION PROGRAM (CHDP)

The **Child Health and Disability Prevention (CHDP)** Program is a Federal and State preventive health care program that provides free health check-ups for many low-income infants, children, teens, and young adults. CHDP helps identify and prevent health problems, links people with treatment, education, and support services when needed, and encourages families to seek preventive health care.

### Who is eligible?

- Low-income children from birth to age 19 (family income below 266% FPL with or without Medi-Cal)
- **Medi-Cal participants up to age 21** (family income below 138% FPL for children 19-21)
- Children in Head Start and State preschool programs

### How often can a child use CHDP?

- CHDP covers preventive care services based on an age schedule, called the “periodicity schedule” (below) or the visit must be determined to be a Medically Necessary Inter-periodic Health Assessment (MNIHA). This assessment is one that must be performed outside of the usual and customary Periodicity Schedule, such as when there is a need for a school, sports or camp physical prior to the next regularly scheduled exam or a need for a physical for a foster child being placed, or a medically necessary physical.

### CHDP Periodicity:

Less than 1 month of age	9 months of age	2 years of age	9-12 years of age
2 months of age	12 months of age	3 years of age	13-16 years of age
4 months of age	15 months of age	4-5 years of age	17-20 years of age
6 months of age	18 months of age	6-8 years of age	

### What is the income limit?

- Children up to age 21 are eligible if they receive free Medi-Cal or, for children 0 to 19, if their family’s income is below 266% FPL.

*(Use until 12-31-23)*

HOW MANY PEOPLE ARE IN YOUR FAMILY?	CHDP GROSS MONTHLY INCOME LIMITS FOR CHILDREN AGES BIRTH THRU AGE 18 (UNDER 266%FPL)
1	At or below \$ 3,232
2	At or below \$ 4,374
3	At or below \$ 5,512
4	At or below \$ 6,650
5	At or below \$ 7,792
6	At or below \$ 8,930

### **What about resource limits?**

- There are no resource limits for this program.

### **Does immigration status matter?**

- No. All children within the income limits for this program are eligible to receive CHDP services.

### **What does the program cost?**

- If a child is found eligible for CHDP, there is no cost for the CHDP services and families will not be asked to pay back the doctor or clinic for services received.

### **What benefits are covered?**

- CHDP health check-ups include: complete medical and developmental history, an unclothed physical exam, vision test, hearing test, nutrition check, immunizations, urine, blood and lead tests, tuberculosis screening, lab tests as needed, health information, and a dental screening.
- Other services include: assistance to avoid or stop smoking, transportation information, help in making appointments, doctor referral and dentist referrals.
- Problems found during screening must be followed up in all counties if the child is eligible for Medi-Cal. If the child is not eligible for Medi-Cal, most counties are required to provide follow up treatment with county funds. Follow up treatment may mean switching to another doctor or clinic.

### **What papers are needed to apply?**

- Self-stated monthly income is used to determine eligibility – families state their income when they apply at their doctor’s office or clinic.
- To get free treatment for conditions/problems found during the exam, families must have a copy of the PM 160 (screening report) and PM 161 (referral form).

### **How/Where do children get services?**

- Services may be provided through a doctor’s office or local clinic, if the doctor or clinic is “CHDP-approved” (which means they are allowed to provide CHDP services).
- CHDP health exams are provided by:
  - 1) CHDP-approved doctors
  - 2) County health centers
  - 3) Health clinics in certain school districts
  - 4) Medi-Cal managed care doctors (if child is enrolled in Medi-Cal managed care).

### **How do families apply or get more information on the program?**

- To find a CHDP-approved doctor in their community, families should call (800) 993-CHDP (free).
- Families may also call the closest CHDP office. They are listed here by county:  
[www.dhcs.ca.gov/services/chdp](http://www.dhcs.ca.gov/services/chdp) .

### **What can be done if a child has a problem getting services in CHDP?**

- If the child has Medi-Cal coverage, there is a right to a state fair hearing if a health service is denied, reduced, delayed or stopped. Services continue during the wait for a hearing if the hearing request is received in time. With county CHDP follow up treatment for children not on Medi-Cal, it depends. For either child, call the CHDP Program at 1-800-993-CHDP or the **Health Consumer Center of Los Angeles at 1-800-896-3202**.