

rise. reclaim. restore



# TEEN MENTAL HEALTH SUMMIT

Hosted by Los Angeles County  
Office of Violence Prevention

Through engaging workshops and interactive activities, this summit will equip teens with the tools to navigate their mental well-being.

Together, we will explore strategies for self-care, coping mechanisms, and building resilience.

For more information, email:

HDenyer@ph.lacounty.gov and  
NSarkodee-Adoo@ph.lacounty.gov



## DATE & TIME

SATURDAY, DECEMBER 9

10:00 A.M. – 2:30 P.M.



## LOCATION

MAGIC JOHNSON PARK

905 E. EL SEGUNDO BLVD,  
LOS ANGELES, CA 90059

**BREAKFAST & LUNCH WILL BE PROVIDED!**

**SIGN UP HERE  
FOR MORE INFO!**



[tinyurl.com/LATeenSummits](https://tinyurl.com/LATeenSummits)