



2016 Save the Date!



#IAmStigmaFree

National NAMIWalks Elite Sponsor



National Walk Partner

Saturday, October 1, 2016
Grand Park, Event Lawn

Join us at NAMIWalks Los Angeles County as we raise awareness & funds for our mental health programs and support services:
Family Education & Support | Peer Education & Support
Speaker's Bureau | Anti-Discrimination & Advocacy



NAMIWalks LAC
3250 Wilshire Blvd.
Suite 1501
Los Angeles, CA 90010

Place
Stamp
Here

Why We Walk...

- because one in five Americans lives with a mental health condition;
- to improve the lives of people who are affected by mental illness;
- to build awareness and end stigma by encouraging others to learn about mental health and see the person, not the illness;
- to raise funds to provide support, education and advocacy programs at no cost;
- because we want the community to know we support mental health initiatives.

Register today:

www.namiwalks.org/losangelescounty

For more information contact:

shelley@namilacc.org

NAMI. Find help. Find hope. www.namiwalks.org