



## Maternal and Child Health Access

In this monthly mailing

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**Click on flyer to see how you can help MCHA after this meeting and during this week!**



**Support** Maternal and Child Health Access  
Honor Mother's Day by helping MCHA support mothers in need!

Kachi Deli Café will generously give MCHA a portion of their profits on these days!  
Wednesday, Thursday and Friday  
May 14, 15, & 16th, 2014

**TIME:** 7am - 8pm

**WHERE:** KACHI DELI CAFÉ  
1055 Wilshire Blvd. (corner of Bixel)  
Los Angeles, CA 90017

MCHA improves the health of low income women and families through advocacy, education, training and direct services.  
More info at [www.mchaccess.org](http://www.mchaccess.org)

SAVE THE DATE

**Wednesday, May 14:**  
HEALTH AND HUMAN SERVICES ADVOCATES ACROSS CALIFORNIA TO URGE GOVERNOR BROWN TO USE \$5 BILLION TO RESTORE SAFETY NET SERVICES IN REVISED CALIFORNIA

**Next MCH Access Monthly Meeting:**

**Thursday, May 15, 2014**

**10am - 12pm**

**LOCATION:**

**MCH Access  
Patricia Phillips Community Room  
1111 W. 6th St., 3rd Floor  
Los Angeles, CA 90017  
(6th St., and Bixel St.)**

**TOPIC:**

**May Budget Revision - Cuts and Funding**

**GUEST SPEAKERS:**

**From Alliance for Children's Rights**

**Taylor Dudley - Foster Care Youth and Health Coverage**

**Barbara Facher - CalWORKS: Relative Caregivers**

**PARKING:**

**Free at MCH Access; enter on 5th St. to 2-story parking (between Lucas and Bixel) and walk across the alley to our building**



**Please contact our office with any questions regarding this email or visit our website for further information about our organization.**

BUDGET Press events will focus on \$5 billion in budget and revenue solutions that can be used to rebuild vital services and lift California's families out of our current poverty crisis.

**When:** 12:00pm

**Where:** State Building at 300 S. Spring Street, Los Angeles, CA 90013  
Event Contact: [Maggie Gomez](mailto:Maggie.Gomez@state.ca.gov), (720) 840-7181

**Monday, June 2**

**Breastfeeding:** Hot Topics, Cool Answers Wednesday, July 9 - Breastfeeding: Essential Clinical Skills Breastfeed LA.

**Weds. June 4, 10 AM - 3 PM FREE**

Convening to Increase Access to Nutritious Food through CalFresh. Energy Resource Center, 9240 Firestone Blvd Downey, 90241. Learn latest news on CalFresh across LA County, updated CalFresh referral strategies, new tools, new connections and relationships. Geared toward community partners working on food and nutrition, child care providers and WIC agencies, health care providers and Medi-Cal partners. Free parking; capacity limited. Contact [yolanda@cfpa.net](mailto:yolanda@cfpa.net) or (213) 482-8200 x 202. See CFPA website.

**Monday, June 9, 2014, 8-10:30** "It's All in the Family"

Infant Development Association of California South Chapter The Next Step Learning Center 86 Long Court Thousand Oaks CA91360-6064  
When a child has special needs:

## Summary of April 17 meeting

### Guest Speaker: Michelle Udeorji - Legislation of interest - Food - Hunger Action LA

Materials Distributed April 17 meeting may be found [HERE](#)

Ms. Udeorji spoke of the focus of Hunger Action LA's (HALA) recent work - 1) Restoring the SSI/SSP grant cuts for 1.3 million aged, blind and disabled Californians. The federal government provides an annual cost of living adjustment (COLA) to the federal portion of the grant, but for California's portion, the SSP part, the COLA was suspended in 2009. Restoring these cuts would lift more than a million Californians out of poverty. 2) lifting the lifetime ban on CalFresh and CalWORKs AND General Assistance (!) for non-violent drug felonies (SB 1029, now on Appropriations Suspense). This issue got a great boost when the Assembly Select Committee on Reinvestment sent this [letter](#) late last week calling for (among other things) leadership to lift the ban. Ms. Udeorji spoke about [AB 2385 \(Ting\)](#) to support the Market Match program - a great Department of Food and Agriculture Program that doubles nutrition benefits for CalFresh, WIC, Senior Farmers Market and SSI/SSDI when they use those benefits at the farmers' markets. Finally, HALA is recruiting for its Hunger Action Day May 21 in Sacramento. You can ride up the day before by bus for only \$35 - 213-388-8228 [www.hungeraction.net](http://www.hungeraction.net).

MCHA maternal and child health-related legislation: Lynn Kersey reviewed current legislation, see list [HERE](#) Important bills include SB 1053, the Contraceptive Coverage Equity Act; AB 1516, to provide a diaper allowance; AB 899, to remove the Maximum Family Grant rule and AB 1579, to provide CalWORKs from the beginning of a pregnancy and not at third trimester.

### DENTAL UPDATE: Monica Ochoa, Oral Health Advocacy Coordinator

Monica, reminded us of the [partial Denti-Cal restoration](#) starting May 1, 2014. New benefits to be covered include, oral exam, cleanings, fluoride treatments, fillings, anterior root canals, prefabricated crowns, and full dentures. [MCHA's advocacy](#) resulted in the partial restoration benefits being extended to pregnant women with pregnancy-only Medi-Cal!

Effective May 1, 2014, pregnant women including those with pregnancy-only Medi-Cal can access the partially restored dental services + preventive benefits. However for some pregnancy-only beneficiaries the window of opportunity is limited to prenatal and postpartum (birth month + 2 months after). After this, some women (depends on their income and immigration status) go back to emergency services, which does not allow them to access these benefits.

## Reports and Resources

**From the UCLA Center for Health Policy Research:** State's undocumented immigrants use fewer health services than U.S.-born residents. Rate for undocumented adults' emergency department visits is significantly lower. Click [HERE](#) to see Assessing Health Care Services Used by California's Undocumented Immigrant Population in 2010.

\*What is the impact on the family? What changes happen within family relationships, both marital and sibling ?

\* What are the challenges and what are the gifts of having a child with special needs in the family?

This presentation will address these questions and provide strategies for strengthening families.

1. Click [HERE](#) for the registration Form

2. To register online click [HERE](#).

## EMPLOYMENT

Please click on job title to view full description and the application process. And provide a cover letter and resume with your application that specifically outlines your employment history experience and educational background for which you're applying. Please note: the job descriptions for the employment positions listed below will be posted on our website soon.

- [Community Outreach Worker Enrollment and Retention in Health Coverage Programs](#)
- [Project Coordinator - Pregnancy Policy](#)
- [Administrative Assistant - Pregnancy Policy](#)
- [Information Technology Support Technician](#)
- [Parent Coach, Level II - Welcome Baby Program](#)

[MCHA](#) is an Equal Opportunity Employer; women and people of color are strongly encouraged to apply.

## Join Our List

**Report to the Legislature on Dental Managed Care** - in Los Angeles and Sacramento - and other reports) may be found at [HERE](#).

The report shows that some improvement has been made in Los Angeles County since 2012, while the situation is worse in Sacramento County

### **New Report: Only one in four children gets enough exercise**

Although U.S. health experts recommend that children engage in moderate-to-vigorous physical activity for at least 60 minutes daily, only one in four actually does so, according to a new report by the National Center for Health Statistics (NCHS), part of the U.S. Centers for Disease Control and Prevention. However, about 60 percent of boys surveyed and 49 percent of girls did get an hour of physical activity five days or more each week, according to study researcher Tala Fakhouri. Learn more about the study [HERE](#).

### **State of the Air Report Released**

The "[State of the Air 2014](#)" report ranks cities and counties for two of the most widespread and harmful pollutants affecting Californians, ozone and particle pollution. Our 15th annual report is more important than ever to raise awareness of the urgent health problems caused by air pollution and the need to transition to clean, low carbon energy sources for air quality and climate protection.

The State of the Air 2014 report shows that California's clean air laws and initiatives are working. However, almost eighty percent of Californians -30 million residents - live in areas plagued with unhealthy air during certain parts of the year. That means residents exposed to pollution are at greater risk for lung cancer, asthma attacks, heart attacks, and premature deaths. Our key message is that we must increase our efforts to reduce pollution so all Californians can breathe clean and healthy air. You can see trend charts, regional fact sheets, news releases, and more on our state website [HERE](#).

This report provides a vital tool for advocates in the fight to protect the Federal Clean Air act and state clean air and clean energy laws. [HERE](#), you can type in your zip code to see the grades in your county, city and state, and check out trend charts tracking pollution levels over time.

## SafeFARE: Dining Out with Food Allergies

Last week, FARE launched SafeFARE, a national public awareness campaign to make dining out safer and more enjoyable for individuals and families managing food allergies. The [SafeFARE](#) website offers tools and resources for diners with food allergies, including tips for before and during their visit to the restaurant, a customizable "Food Allergy Alert" chef card, and a searchable restaurant database that enables visitors to locate food allergy aware restaurants in their area whose staff have taken one of the country's leading food allergy training programs. FARE is also distributing its new "Food Allergy Teamwork" PSA, starring celebrity chefs Bryan Voltaggio and Mike Isabella, to TV and radio stations nationwide. The PSA highlights the features of the SafeFARE online resource center and underscores the importance of cooperation between diners with food allergies and restaurant staff. To view the PSA and explore our resources for diners, visit [HERE](#).today.

## Help Us Grow Our Restaurant Database!

The SafeFARE restaurant database is just getting started, and you can help us make it grow! Encourage your favorite restaurant to sign up for an allergen training course and then be listed in the SafeFARE database. Just download this flyer and give it to the restaurant manager, or share the [URL](#).

Join Our Mailing List!

## Resources & Special Discounts in Recognition of Autism Awareness Month - held in April but we missed it last month

The [American Academy of Pediatrics](#) is happy to share the following resources to enhance autism awareness:

- [Healthy Children show on RadioMD](#) featured interviews with AAP autism experts to explain the new autism [prevalence numbers](#), provide [advice for parents](#) facing a new autism diagnosis, and discuss [ABA therapy and other treatments](#).
- [Autism: Caring for Children With Autism Spectrum Disorders: A Resource Toolkit for Clinicians, 2nd Edition](#)

includes clinical guidance, interactive algorithms, expert screening, diagnosis, and treatment tools, tracking aids, coding tips, and ready-to-print family handouts, in both English and Spanish. **The toolkit (both CD-ROM & Digital Download formats) is now 50% off through the end of April! Bulk orders are available.**

- [Sound Advice on Autism](#) is a collection of interviews with pediatricians, researchers, and parents of children with autism.
- [Autism Spectrum Disorders: What Every Parent Needs To Know](#)

is an award-winning book for parents and caregivers of children who have been diagnosed with autism. **Read the first 3 chapters of the book--with our compliments!**

- [Understanding Autism Spectrum Disorder](#) is a booklet that provides information about autism and answers most common questions asked by parents.
- [Is Your Toddler Communicating With You?](#) is a brochure that encourages parents to share any concerns they have about their baby's language development with their pediatrician as early as possible.

For more information on autism: [www.aap.org/autism](http://www.aap.org/autism)

### CONTACT US

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