Our next monthly meeting is scheduled for this Thursday, March 21, 2019 - RSVP today!















Maternal and Child Health Access

MCHA Monthly Meeting

Where?

10:00 AM to 12:00 PM

Maternal and Child Health Access
Patricia Phillips Community Room
1111 W. 6th St., 3rd Floor
Los Angeles, CA 90017
213 749 4261
info@mchaccess.org

Speaker/Topic

Leonard Torrealba, Deputy District Attorney The District Attorney's Notario Fraud Unit

Celinda Vasquez, Vice President of External Affairs Planned Parenthood Advocacy Project LA Update - The Title X Gag Rule

March is - Poison Control Month - New Materials!

Eligibility and Enrollment updates



ATTENTION!

Have you ever received health coverage/renewal/troubleshooting assistance OR a training from MCHA? Department of Public Health funding for MCHA and the other Children's Health Outreach Initiative (CHOI) agencies, is ending in June and LA County currently has no plans to continue the funding. WE WILL NOT BE ABLE TO HELP YOU WITH CLIENT ISSUES.

You can do two things:

- Send a letter to the five members of the Board of Supervisors. **Most helpful is an example as to how we/other CHOI contractors helped a client or helped YOU**. See our **sample letter**.

- Support our budget effort (MCHA, CHC and CPEHN) by sending your logo to: Ricardo Sainz-Ayon at rsainz-ayon@cpehn.org. See the beautiful budget letter as an sample state letter - your logo would be added (we may need to go to a second page!)

If you would rather send individual letters, send a letter to:

- Senate Budget Subcommittee 3 on Health & Human Services Chair <u>Dr.</u>
 Richard Pan
- Assembly Budget Subcommittee 1 on Health & Human Services Acting Chair Eloise Gomez Reyes
- Senate Budget Chair Holly Mitchell
- Assembly Budget Chair Phil Ting

Thank you!!!

Advocacy Alert

Did you receive our separate Advocacy Alert? It includes an Updated Federal Poverty Level Chart, Advocacy Tools, Non-Medical Transportation Updates and how to register for the next We've Got You Covered training. See our website.

From our meeting Feb. 21, 2019 (see materials on MCHA website):
Guest speaker: Tiffany Romo, MPH, Sr. Public Health Analyst, LA
County Department of Public Health "City and Community Profiles for
Service Planning Areas - how to access and use the data

Los Angeles Department of Public Health (DPH) has embarked on a new effort to provide local level data profiles to cities and unincorporated communities within LA County with population size of at least 24,000 based on 2016 population estimates. DPH created separated profiles for each of the 15 Council Districts for the City of Los Angeles. Ms. Romo gave an overview of the various health indicators in the profiles and explained how data was gathered from many sources. DPH's goals are to document inequities as the first step toward developing data-driven policies; increase transparency by making data available and engaging with communities, such as in our meeting, to get feedback.

DPH hopes the reports will be used for grant writing, advocacy, and local policy. Twelve topic areas are included, many of which are broken down further into subtopics. The data is available for use in multiple formats: PDF, data tables in Excel by community or by health indicator, and soon, data tables will be available with all health indicators and all communities in one file. Ms. Romo explained the limitations of the data and where to find the CCHP Reports and tables. You can download the reports, use the results to create a customized profile and compare results for health indicators across LA County. Resources for Action are available at ThinkHealthLA.org - LA DPH's Community Health Improvement Plan; additional health indicators, data, and graphics AND funding opportunities - and TheCommunityGuide.org, a resource for evidence-

based findings and recommendations about community preventive services, programs and other interventions aimed at improving population health.

For additional information or to see how your city or community compares to others across Los Angeles County, please visit the website at http://ph.lacounty.gov/ohae/cchp. You can also contact City and Community Health Profiles at (213) 288-7785 or via email at cchp@ph.lacounty.gov.

DPH also provided information on **FREE** "hands-only" **CPR** classes provided at your site, a county-wide effort to reach 100,000 LA County residents and train them! See the flyer on our website.

Dental Health Month: In the absence of our Oral Health Coordinator Susan Flores last meeting (attending the Oral Health Stakeholder meeting!), Lynn Kersey presented some updates: Susan is working try and figure out which clinics and providers do what in LA County. Two lists were provided (on our website): the list of clinics receiving My Health LA funding for dental services and the list of procedures and prices at USC School of Dentistry. Stakeholders are working to create an LA County Oral Health Plan, to debut this summer. Stakeholders meet every other month with representatives from DHCS dental, and in-between months to create an agenda and gauge progress. We provided comments on Prop.56 proposed expenditures and on the federal Surgeon General's report on Oral Health, now in the planning stages.

Federal Poverty Level (FPL) Guidelines:

The FPL income guidelines have significantly increased starting January 1, 2019. Unfortunately, the updated numbers for MAGI Medi-Cal won't be entered into the Los Angeles County Leader Replacement System (LRS) system until March 16, 2019 and the state CalHEERS system will not be updated until April 1, 2019. Non-MAGI numbers will be updated in both systems April 1, 2019. Client applications submitted before these dates may be incorrectly denied Medi-Cal eligibility.

To help any clients that may be **incorrectly denied** Medi-Cal due to being slightly over income from January until April, please be sure to look at income very closely. This lag in updating both LRS and CalHEERS may cause people to be incorrectly denied eligibility. We've created an advocacy toolkit included in the **advocates alert on our website.**

New Since Last Meeting: Media Advisory: Rate of life-threatening childbirth complications increasing sharply across U.S. racial, ethnic groups

Racial and ethnic disparities in severe maternal morbidity-life-threatening maternal complications associated with childbirth-have persisted and increased at high rates among U.S. women, according to an analysis of nearly 20 years of California hospital records funded by the National Institutes of Health. Known risk factors for these

complications-such as blood pressure disorders, asthma and Caesarean birth-do not fully explain the increase or why the disparities remain.

Read the full Media Advisory <u>HERE</u>. **Science Update: Delayed cord clamping may benefit infant brain development, NIH-funded study finds** A 5-minute delay in clamping the umbilical cord after birth may benefit an infant's developing brain, suggests a small study funded by the National Institutes of Health. The delay, which is a change from the traditional practice of clamping and cutting the cord immediately after birth, allows iron-rich red blood cells to flow from the placenta into the infant's circulatory system.

Read the full Science Update

From Black Women for Wellness - Take a survey on consumer product use!

Dear partners, collaborators, colleagues, and diverse women of California,

We ask for a few minutes of your time to complete this research survey. Black Women for Wellness is partnering with the Urban and Environmental Policy Department at Occidental College and we're conducting a study to document consumer products use by women in California. We are interested in hearing from all premenopausal women (18-50 years old) so we can better understand what women are buying, the products they use regularly (as well as those that are occasional use), and how consumer products may be impacting women's health. Please click here to take the survey and feel free to pass it on to other women in California.

English: Click Here

Spanish: Click Here

We very much appreciate your time. If you would like to add your name to a list to receive updates on the study or to learn more, please visit our website at takingstockstudy.org

SAVE THE DATE

Focus group March 28, 5:30 PM: Are you a Black woman 18 or older who gave birth preterm/too early? Your experience and voice can help improve the health of Black mamas and babies - RSVPby this Friday, March 22 to Kendra Smith, PH.D KLSPHD@gmail.com. You will receive \$35.

Weds April 24 - Denim Day! As we celebrate Women's History Month, Peace Over Violence is happy to launch the 2019 Denim Day Action Kit! For the 20th Annual Denim Day on Wednesday, April 24, 2019, and with the incredible feedback of Denim Day participants around the world, the Official Denim Day Action Kit is now completely online. Yes, ONLINE. This Action Kit will give you all the tools necessary for you to

become a valued partner, a member of the Denim Day movement and as such you will help spread the word that April is Sexual Assault Awareness Month and organize your own Denim Day!

May 9-10: The California School-Based Health Alliance (CSHA) and the L.A. Trust for Children's Health are hosting the 2019 California School-Based Health

Conference: Advancing Wellness & Best Practices for the Future, at the Crowne Plaza Redondo Beach and Marina Hotel in Redondo Beach.

This is a great opportunity to learn, grow, and connect with health care providers, educators, children's health advocates, and other leaders in school-based health from across the state.

Early bird registration for conference is now open, and you can save \$45 off the regular rate-members of CSHA save even more! Not a member? Join today as an individual or organization to take advantage of the registration discount and other benefits, including access to their extensive library of school-based health toolkits and resources.

For the latest info about conference registration, workshops, and agenda, visit the CSHA website.

RESOUCES:

Are you familiar with Mental Health Advocacy Services (MHAS) Fair Housing "Tip of the Month"? Here's an example question and "tip" and link to their page - sign up! TENANT: "A while ago, I got a 90-day notice from my landlord saying they are not going to continue to be part of the Section 8 program. I only have SSI and cannot afford to stay in the apartment without the help of Section 8, so I got a voucher to move from my Section 8 worker. With my disability, it is hard for me to be able to search for housing, and I've had a hard time finding places that take Section 8. The 90 days is almost over and I haven't found a new place yet. I'm worried I'll be homeless. Can I get more time to move because of my disability?"

The law says: Fair housing laws require landlords to consider and negotiate reasonable accommodations for tenants with disabilities, even when a tenancy is ending. Reasonable accommodation agreements are common practice when tenants with disabilities have received valid termination notices, (read more) View the Fair Housing Tip of the Month campaign on the MHAS website. Materials are in English, Spanish and Korean.

Maternal and Child Health Access

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STAY CONNECTED:











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