

March of Dimes Mission updates

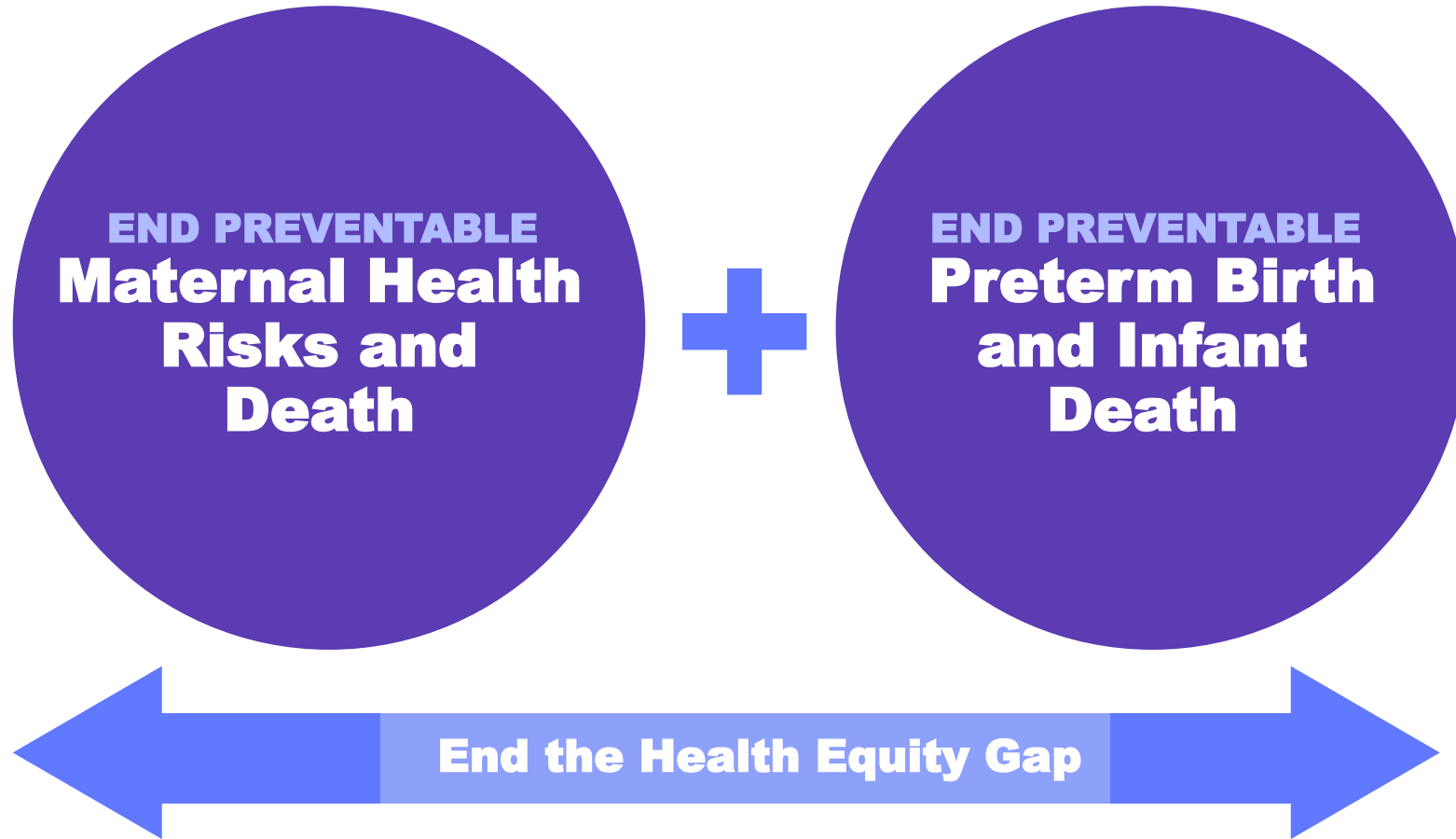


OUR MISSION

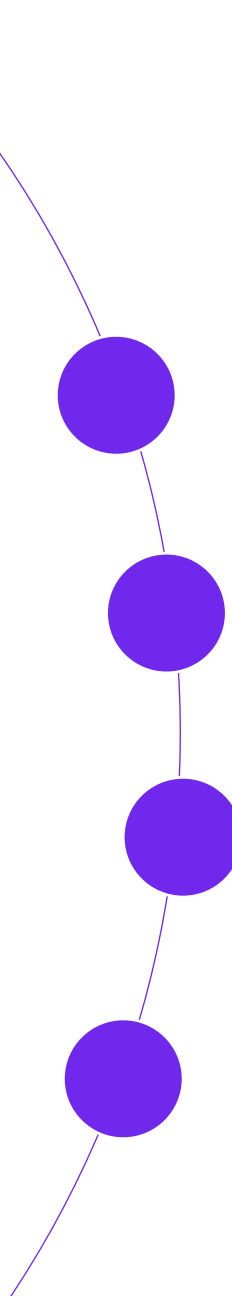
**MARCH OF
DIMES LEADS
THE FIGHT FOR
THE HEALTH
OF ALL MOMS
AND BABIES.**



OUR GOALS



FOR HEALTHY MOMS. STRONG BABIES.



Builds on the achievements and thought leadership of the National Prematurity Collaborative, which was launched by March of Dimes in 2016 with CDC support.

The Mom and Baby Action Network (M-BAN) engages **cross-sector partners to invest in, influence, and leverage collective action** to address the **root causes of inequities** in maternal and infant health.

The issues are complex, systemic and multi-layered. As such, they require complex solutions carefully orchestrated to **ensure high alignment**. The moment to **move from data to action is now**.

Through M-BAN, March of Dimes leads broad **measurable changes in policy, research, funding and systems**. **Together we can achieve what we cannot achieve alone.**

M-BAN NATIONAL EQUITY FRAMEWORK - COMMON AGENDA (RESULT, INDICATORS, STRATEGIES)

R All people are healthy before during and after pregnancy and if they give birth, they have healthy outcomes.

I % of live births born preterm (before 37 weeks) Preterm birth disparity ratio for United States Maternal mortality rate Infant mortality rate

S Acknowledge the historical legacy of and dismantle racism. Address unequal treatment and unconscious bias.

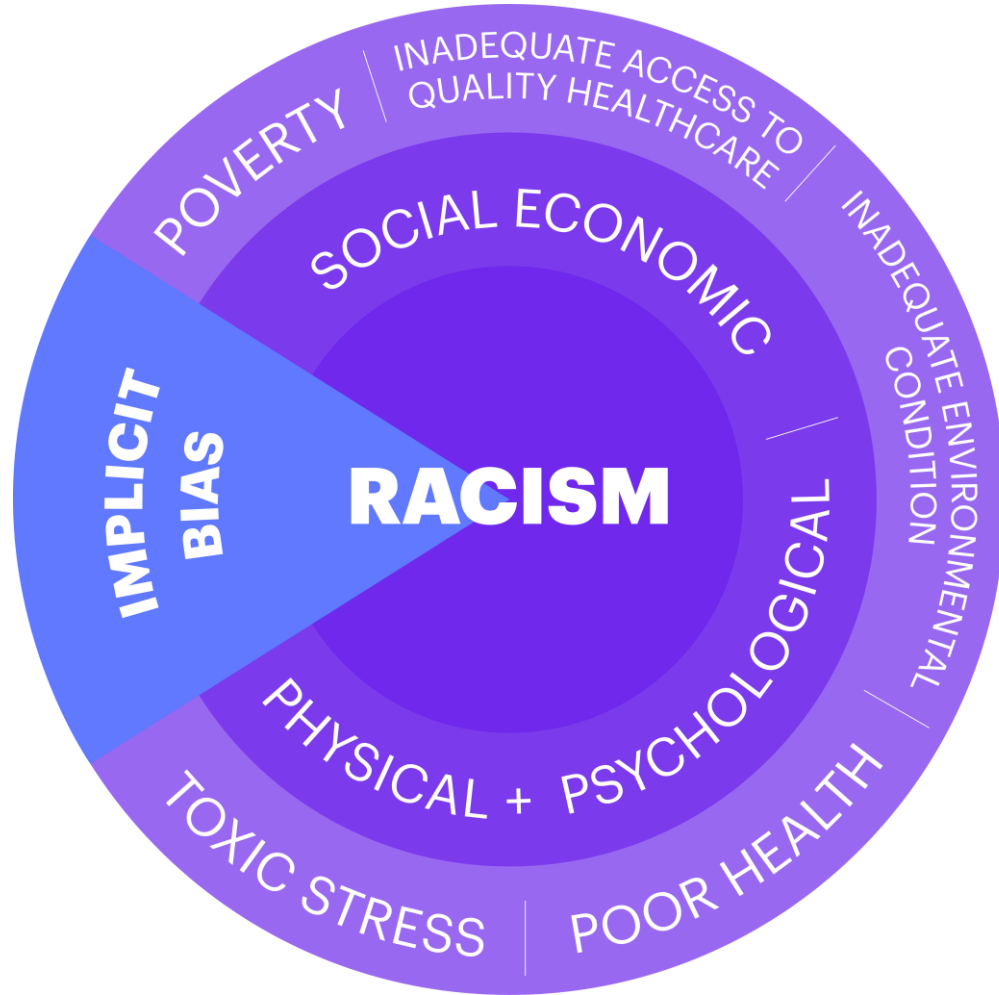
Increase access to high quality, high-value, risk-appropriate, integrated care regardless of geographic location and throughout the life course.

Promote environmental justice to limit exposure to environmental toxins

Reduce the burden of and disrupt lifelong economic insecurity

Build safe, supportive, connected communities

M-BAN KEY FACTORS & ROOT CAUSES

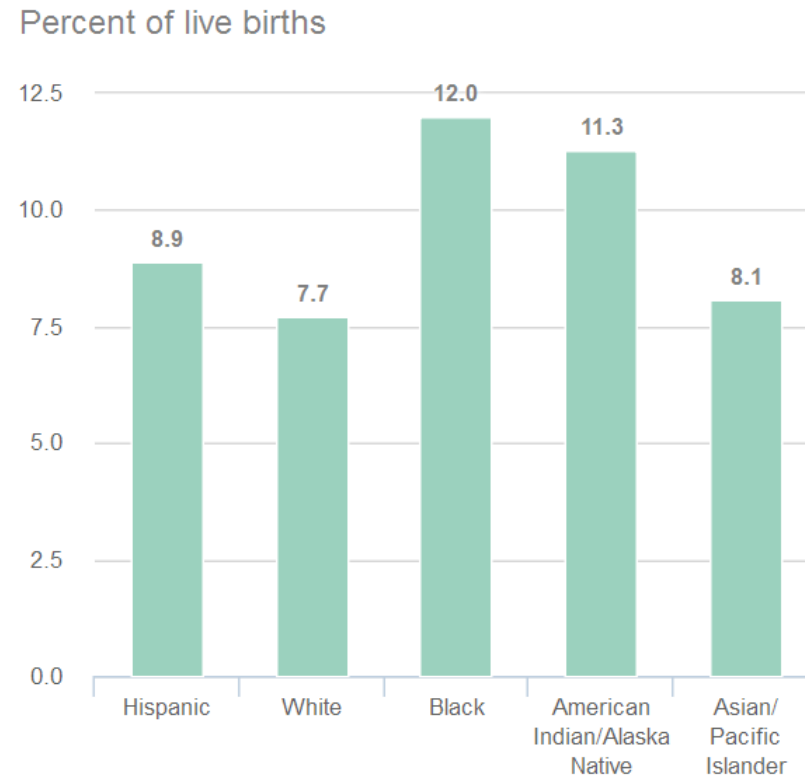


Structural racism is the primary root cause of racial and ethnic inequities in birth outcomes. It is manifested in sustained social and economic stressors, as well as physical and psychological harm.

Disparate poor birth outcomes are a direct result of “weathering”, engendered by the toxic stress of overlapping and mutually reinforcing structures of inequitable opportunities for optimal well being.

PRETERM BY RACE/ETHNICITY

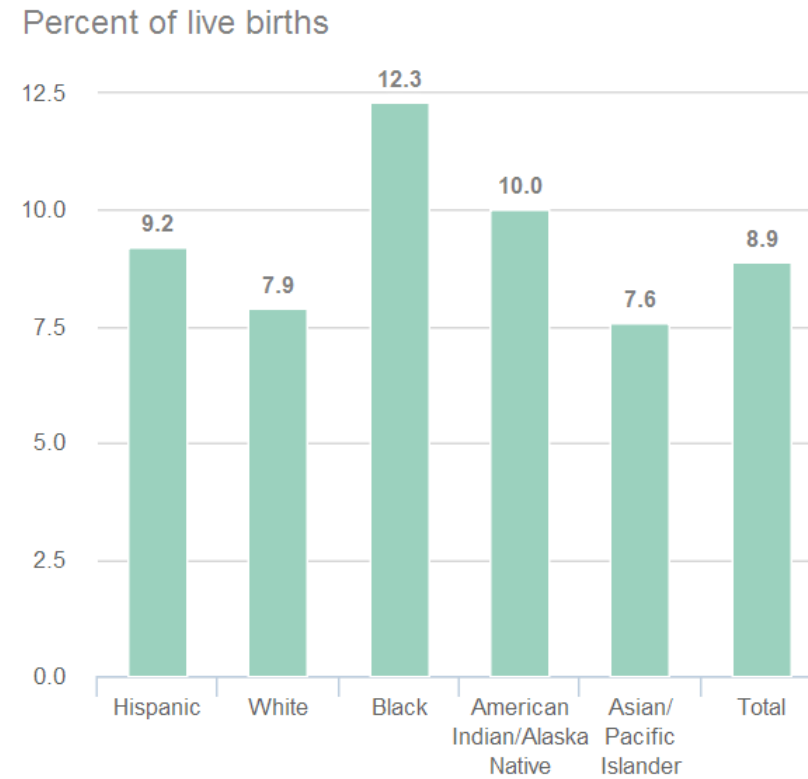
California, 2016-2018 Average



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PRETERM BY RACE/ETHNICITY

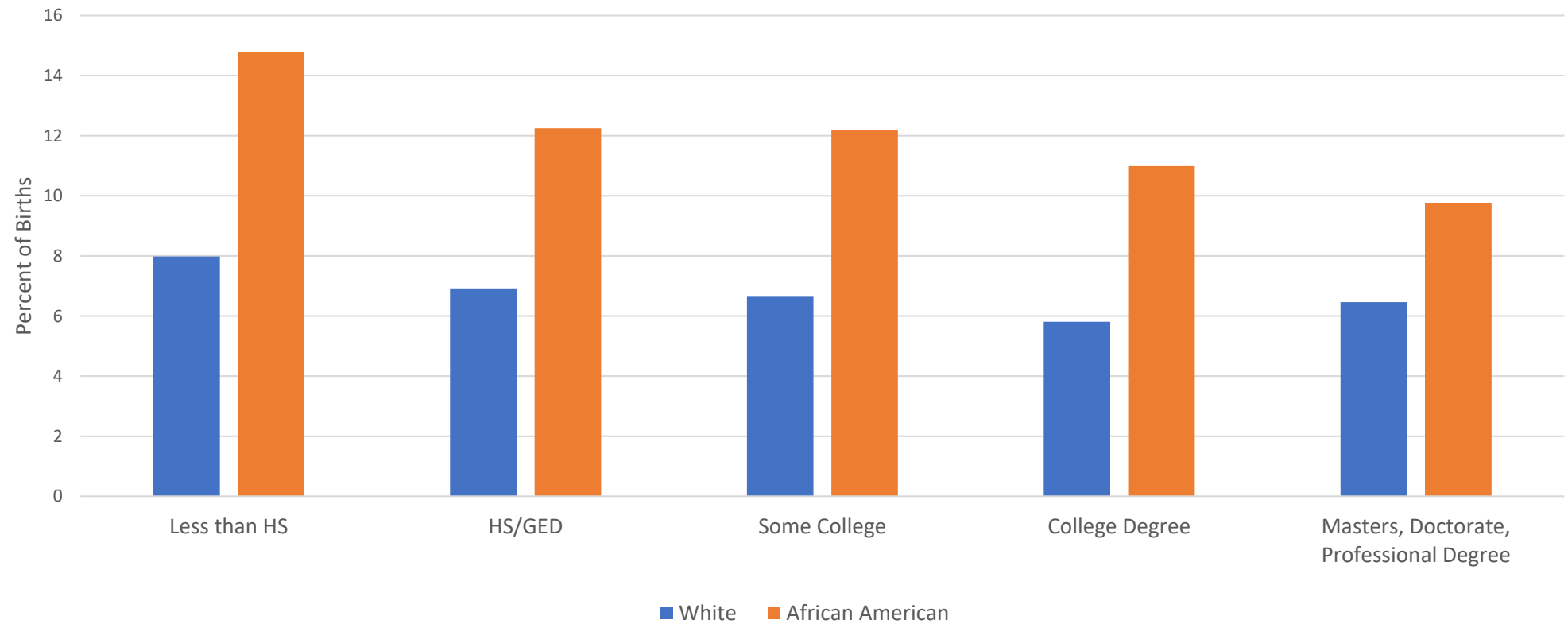
Los Angeles county, 2015-2017 Average



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Birth Outcomes and Education

Low Birth Weight Births (<2500 grams) by Mothers' Race and Education, 3-Year Averages, Los Angeles County 2015-2017



BLANKET CHANGE

WWW.MARCHOFDIMES.ORG/BLANKETCHANGE.ASPX

Maternal Health Quality Improvement Act of 2019 (H.R. 4995): This bill would develop public health programs to:

1. Improve access to obstetric care in rural areas,
2. Reduce and prevent racial and ethnic discrimination in maternal health care,
3. Improve perinatal care and health outcomes, and
4. Eliminate preventable maternal death and severe health challenges.

Helping Medicaid Offer Maternity Services Act (H.R. 4996):

This bill would extend access to health insurance (through Medicaid or CHIP) for women one year after childbirth.

<https://p2a.co/Jyf3NfJ>

#BLANKETCHANGE AGENDA

Join the #BlanketChange movement to support improving the health of all moms and babies through.

1

EQUITY

Eliminating racial and ethnic health disparities and driving economic, social and health equity by focusing on prevention, treatment and social determinants of health.

2

ACCESS

Improving access to care through expanding critical health programs and closing gaps in coverage.

3

PREVENTION

Addressing preventable health conditions through expanding research and improving maternal morbidity and mortality data collection.

[Read the full agenda here](#) >

[Read it in Spanish here](#) >

2020 MARCH OF DIMES REPORT CARD

AVAILABLE 11/16/2020

new data on infant mortality and social determinants of health

HEALTHY MOMS. STRONG BABIES. 

2020 MARCH OF DIMES REPORT CARD

In the 2020 Report Card, we highlight the latest key indicators to describe and improve maternal and infant health in the United States (U.S.). Preterm birth and its complications are the second largest contributor to infant death in the U.S., and preterm birth rates have been increasing for five years. Prematurity grades are assigned by comparing the 2019 preterm birth grade to March of Dimes' goal of 8.1 percent by 2020.

Rates of maternal death and morbidity continue to be unacceptably high in the U.S. Maternal morbidity, social determinants of health, availability of state-level health insurance policy, and the availability of surveillance and research data impact the health and survival of both mom and baby. While we currently do not have enough to grade status or report on all maternal health indicators, we have highlighted measures with the best available data.

CALIFORNIA

PRETERM BIRTH GRADE
B-

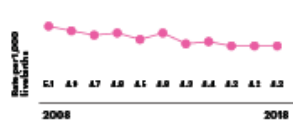
PRETERM BIRTH RATE
9.0%



INFANT MORTALITY

Infant mortality rates are an indication of overall health. Leading causes of infant death include birth defects, prematurity, low birth weight, maternal complications and sudden infant death syndrome.

INFANT MORTALITY RATE
4.2



PRETERM BIRTH RATES BY COUNTIES AND CITY

COUNTY	GRADE	PRETERM BIRTH RATE	CHANGE IN RATE FROM LAST YEAR	COUNTY	GRADE	PRETERM BIRTH RATE	CHANGE IN RATE FROM LAST YEAR
Los Angeles	B-	9.1%	Worsened	Fresno	C+	9.4%	Worsened
San Diego	B	8.0%	Worsened	Kern	C	8.8%	Improved
Orange	A	7.7%	Worsened	Contra Costa	B	8.7%	Improved
San Bernardino	C	9.0%	Worsened	San Joaquin	B	8.9%	Improved
Riverside	B-	9.1%	Worsened	Ventura	A	7.7%	Improved
Santa Clara	B+	8.4%	No change	San Francisco	A-	8.1%	Worsened
Sacramento	B-	9%	Worsened	San Mateo	A	7.4%	Improved
Alameda	B+	8.4%	Improved				

CITY	GRADE	PRETERM BIRTH RATE	CHANGE IN RATE FROM LAST YEAR
Los Angeles	C-	9.5%	Better

MORE INFORMATION MARCHOFDIMES.ORG/REPORTCARD

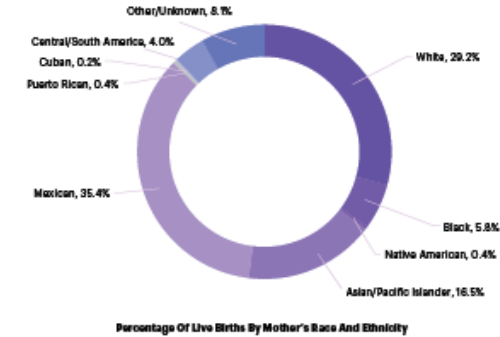
March of Dimes recommends state pol by address that are rooted in addressing disparities in maternal and infant health outcomes. For more detail visit Poll by 84.6.com. For details on data sources and calculations, see Technical Notes. To learn how we are working to reduce preterm birth visit www.marchofdimes.org. ©2020 March of Dimes



RACE AND ETHNICITY IN CALIFORNIA: LIVE BIRTHS AND PRETERM BIRTHS

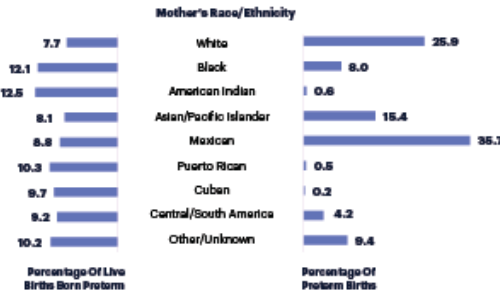
This data fact sheet describes the nuances of the racial and ethnic makeup of mothers in California using detailed race and ethnicity categories. Information for live births and preterm births is presented to highlight groups who account for large proportions of live births and also experience an increased risk of premature birth.

LIVE BIRTHS



- In 2019, more than 446,000 babies were born in California.
- In 2018, Mexican mothers account for 35.4% of births (about 124,000 babies) of live births — that's 1 in 2 births.
- Births among Asian and Pacific Islander women account for 16.5% (almost 73,000 births) of live births.
- White mothers account for almost 30% of all live births in 2018.

PRETERM BIRTHS



- In 2019, 9% of babies (about 40,000) babies were born preterm — that's 1 in 11 babies born too soon.
- In 2018, 1 in 8 babies (12% of babies born) to Black mothers were born preterm.
- In 2018, Mexican mothers represent 35.7% of all preterm births.
- Among Puerto Rico mothers, 10% of babies were born preterm.

MORE INFORMATION MARCHOFDIMES.ORG/REPORTCARD

March of Dimes recommends state pol by address that are rooted in addressing disparities in maternal and infant health outcomes. For more detail visit Poll by 84.6.com. For details on data sources and calculations, see Technical Notes. To learn how we are working to reduce preterm birth visit www.marchofdimes.org. ©2020 March of Dimes



GROUP PRENATAL CARE

WWW.MARCHOFDIMES.ORG/SUPPORTIVE-PREGNANCY-CARE/SUPPORTIVE-PREGNANCY-CARE.ASPX



ABOUT US HEALTH TOPICS RESEARCH & PROFESSIONALS MEDIA GET INVOLVED [DONATE](#)

SUPPORTIVE PREGNANCY CARE

A group prenatal care and education program aimed at empowering parents-to-be

[LEARN MORE](#)



"It's so nice to be able to provide such quality care in a short amount of time, that is not typically allowed in a traditional setting." —Supportive Pregnancy Care provider

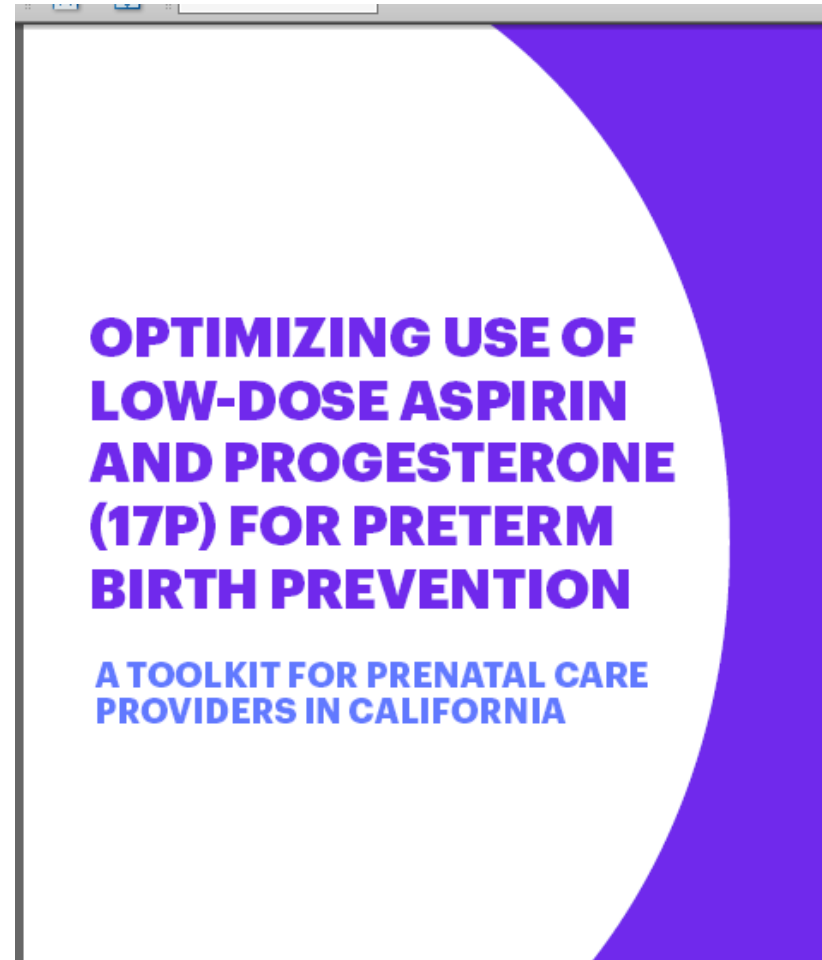
NICU FAMILY SUPPORT PROGRAM

NFS Programs in California:

- Miller Children's Hospital, Long Beach
- Children's Hospital Los Angeles
- Children's Hospital of Orange County
- Santa Clara Valley Medical Center



PRETERM BIRTH PREVENTION TOOLKIT COMING SOON!



OPTIMIZING USE OF LOW-DOSE ASPIRIN AND PROGESTERONE (17P) FOR PRETERM BIRTH PREVENTION

**A TOOLKIT FOR PRENATAL CARE
PROVIDERS IN CALIFORNIA**

March of Dimes *Breaking Through Bias in Maternity Care*

Implicit Bias Training
for hospitals, clinics and health plans
available:

<https://www.marchofdimes.org/implicitbias>

M MARCH
OF DICES
PREMATURITY COLLABORATIVE



**GUIDING PRINCIPLES
TO ACHIEVING EQUITY
IN PRETERM BIRTH**

MARCH OF DIMES ONLINE SUPPORT



FIND COMFORT AND SUPPORT ONLINE

Every mom and baby deserve the best possible start. But hundreds of thousands of families all across the country are impacted by preterm birth, a NICU stay or loss. Find a supportive online environment that's just right for you with trusted information and advice, helpful resources and caring people who want to connect.

MARCH OF DIMES COMMUNITY FACEBOOK GROUP

Families everywhere join the March of Dimes Community group on Facebook to find support, comfort and friendship. Get advice from a caring group on the challenges you're experiencing and also learn about all the resources available through March of Dimes and local initiatives. Join today at www.facebook.com/groups/marchofdimes

MARCH OF DIMES FACEBOOK MENTORSHIP

This mentorship program connects families from our community so they can offer advice and provide support for moms and babies. Members can share with others who've had similar experiences and can get reliable information and helpful resources from March of Dimes. For more information, go to www.facebook.com/groups/marchofdimes

NEWS MOMS NEED

We created this blog to empower moms to help their pregnancies and babies be as healthy and strong as possible. It covers such topics as becoming a mom, pregnancy, pregnancy complications and premature birth, among others. Visit www.newsmomsneed.org

UNSPOKEN STORIES

#UnspokenStories is a community where stories of pregnancy, parenting and loss—the ones that often go unshared—are told honestly. There's strength in our collective voice! Hear the stories of others and learn how to host your own Unspoken Conversation by visiting unspokenstories.org



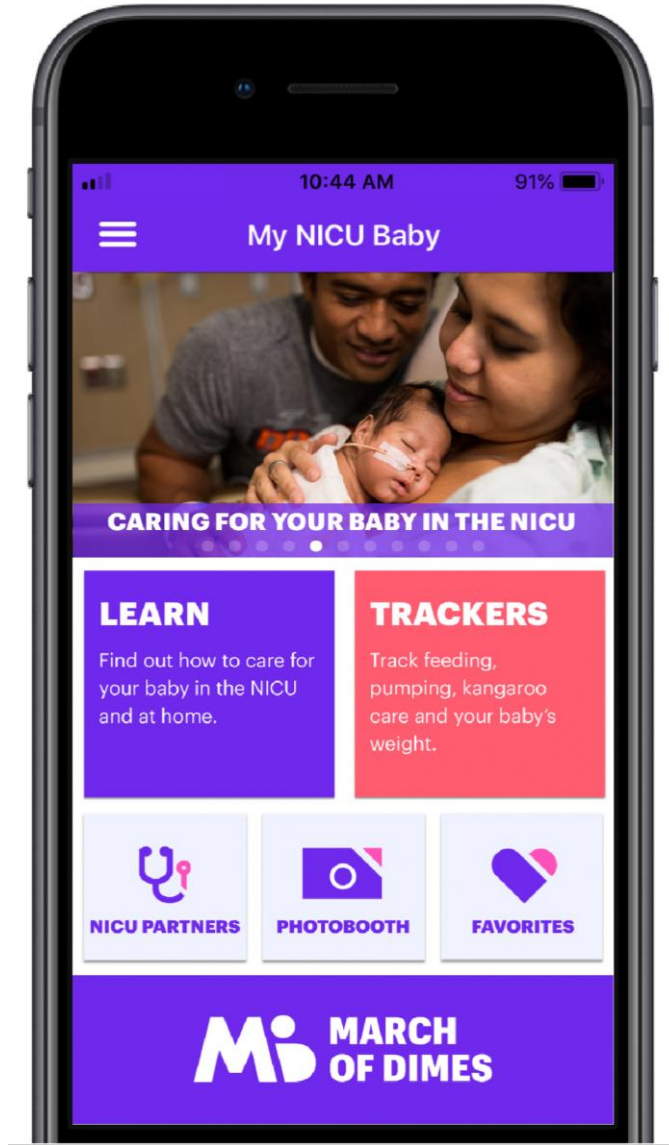
MORE INFO

MARCHOFDIMES.ORG



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MY NICU BABY™ APP



Use the free app to:

- Learn about caring for your baby in the NICU and at home
- Track your baby's feeding and weight
- Track pumping and kangaroo care sessions
- Take photos and add filters
- Get ready to take your baby home with a customizable checklist
- Manage your own health with a postpartum visit questionnaire
- Keep track of health providers, your to-do list and questions
- Connect with other families

Available in Spanish: [Mi Bebé en la NICU](#)



marchofdimes.org/birthplan



TAKE ACTION

Make a birth plan.

While the COVID-19 pandemic continually changes, March of Dimes knows that every day babies are still being born. This document has been designed for you to assess the preferences you'd like based on the policies of your chosen place of birth. At the end you'll find a series of questions that you should ask your provider as you prepare for your baby's birth.

Your name _____
Your provider's name and contact information _____
Your baby's due date _____
Your baby's provider's name and contact information _____

- 1** Where do you plan to have your baby?

- 2** Can a support person be present during labor and birth? If yes, who is your primary support?
Name _____
Phone _____
This person is:
 Your partner Your baby's father
 A family member Your friend
 Clergy Your doula

- 3** Is there an option to have virtual support during labor and birth?
Virtual options:
 By phone Skype
 FaceTime Facebook
 Zoom WhatsApp
- 4** Can you bring your own device (phone/iPad)?
 Yes No
Does the hospital have WIFI access?
 Yes No
Will the hospital provide a device for virtual support?
 Yes No
- 5** What support do you want during labor?
 Help with breathing
 Help working through contractions
 Massage
 Help to move around
 Use of labor tools (birth ball, peanut ball)
 Sensory (lights, music)
 Other _____

When preparing for birth, call your facility to ask:

- 1** Can I bring a partner or support person with me?

- 2** If I'm not permitted to have a support person present, what are the facility's policies about having a virtual support person?

- 3** If I'm not permitted to have a support person present, how will your staff support me and help manage my emotional and physical needs during labor and delivery?

- 4** How will my baby and I be protected from COVID-19 during labor and delivery, and what are the policies about wearing a mask for pregnant and post-partum women?

- 5** Do you have a virtual hospital tour to prepare for my labor and delivery?

- 6** What am I permitted to bring to the facility with me?

- 7** Will I be tested for COVID-19?

- 8** What will happen if I test positive for COVID-19?

- 9** What will happen if my baby tests positive for COVID-19?

- 10** What is the average time frame for post-partum discharge for mom and baby?

- 11** What is your facility's policy around visitors after I have my baby?

- 12** Are there any other facility-specific labor and delivery policies that I should be aware of?

When you arrive, ask:

- 1** Have there been any changes in the facility's labor and delivery policies?

- 2** While in labor, where am I permitted to move around?

- 3** What are the policies around eating and drinking during labor?

FACEBOOK LIVES

HEALTHY MOMS. STRONG BABIES.

MARCH OF DIMES

ARE COMMUNITIES OF COLOR DISPROPORTIONATELY IMPACTED DURING THE COVID-19 PANDEMIC?

Thursday
April 16, 2020
2:00 P.M. EST

Join us for a live, moderated panel discussion to hear the latest news on how to cope during this time if you are expecting.

TUNE IN ON FACEBOOK LIVE @MARCHOFDIMES



STACEY D. STEWART
President & CEO
March of Dimes



TATIANA ALI
Acting Director
March of Dimes Pregnancy Assessment Program



DR. TOBIE COMBRAU FLOMEN
Chief Medical Officer
March of Dimes Pregnancy Assessment Program



DR. MOORE HIGHTY
Deputy Medical Director
March of Dimes



DR. DONALD NWENE
President and Executive Director
March of Dimes Pregnancy Assessment Program

COVID-19 LIVE WEBINAR SERIES

HEALTHY MOMS, STRONG BABIES DURING THE COVID-19 PANDEMIC: BIRTH SPACING AND PLANNING FOR A HEALTHY PREGNANCY

May 14, 2020
4-5 P.M. ET



STACEY D. STEWART
President & CEO
March of Dimes



DR. JESSICA SHEPHERD
Obstetric, Baylor University Medical Center
Dallas, TX
Founder, Sheba



KIMBERLY HARPER
Regional Perinatal Outreach Coordinator
UNC Center for Maternal and Infant Health
Raleigh, NC
The ITI Showcase Project



KELSEY NIXON
Host & Author



TONYA LEWIS LEE
Executive, Author and Suburban Founder, Mya's Original
Baltimore, March of Dimes Board of Trustees

WATCH ON FACEBOOK @MARCHOFDIMES

This project was supported by funding from March through its March for Mothers Program.

MARCH OF DIMES

MARCH OF DIMES

LATINX AND COVID-19: TIPS FOR KEEPING YOUR FAMILY HEALTHY

Healthy Moms, Strong Babies Facebook Live Series

August 20, 2020
2:00 - 3:00 pm ET



STACEY D. STEWART
President & CEO
March of Dimes



DR. NEREIDA CORREA
Associate Professor (A-G) and Family and Social Medicine, Albert Einstein College of Medicine, Bronx, NY
Chair of Board, National Hispanic March of Dimes



DR. MARIANELA RODRIGUEZ-REYNALDO
Professor of Family Medicine, University of Puerto Rico School of Medicine, San Juan, PR
Clinical Professor, Postgraduate Support International Coordinator at Puerto Rico



DR. VERÓNICA MARIA PIMENTEL
Obstetric and Gynecology, Yale Medicine, St. Raphael Hospital and Medical Center (Yale Health) St. Raphael, Hartford, CT



PAMELA SILVA
Nurse Author, Community Project Director



DR. JUAN SALGADO-MORALES
Professor, March of Dimes Board of Trustees
Medical Director, Maternal, Fetal, Perinatal, Gynecology and Endocrine/Reproductive Health & CEO, The Health Care Inc.

#PrematurityAwarenessMonth is more important than ever before as we face an urgent maternal and infant health crisis, with unacceptably high rates of preterm birth, maternal death and severe pregnancy complications.

March of Dimes is shining a spotlight on this maternal and infant health crisis. **The U.S. preterm birth rate has increased for the fourth year in a row.**

With your support, we can advance the understanding of premature birth, by working hand-in-hand with researchers, policymakers, community leaders and families.

Free webinar series-November 17-18, 2020



marchofdimes.org/reportcard

PREMATURITY AWARENESS MONTH WEBINAR SERIES



MARCH OF DIMES
California

November 17-18, 2020

**Prematurity Awareness Month
Webinar Series**

Join March of Dimes California for our free, live webinar series on clinical updates and public health practice innovations to improve perinatal health and advance birth equity.

November 17, 2020: 12-1:30pm PT: Clinical Practice

- Mariam Naqvi, MD, Cedars-Sinai Medical Center: *Covid-19 and Pregnancy: An Update*
- Ravi Dhurjati, PhD, Stanford: *Strategies to Improve Equity in NICU Outcomes*
- Karen Scott, MD, MPH, UCSF: *Advancing Anti-Racism Praxis in Perinatal Population Health Equity Research*

Click [here](#) to register. You will receive a confirmation email with log-in instructions.

November 18, 2020: 12-1:30pm PT: Community Practice

- Susan Crowe, MD, Stanford: *Breastfeeding and Shared Decision-Making During COVID-19*
- Solaire Spellens, MPH, PTBi: *Expecting Justice: Abundant Birth Income Supplement Project*
- Diamond Lee, MSW, Los Angeles County Department of Health Services: *Resiliency and Birth Equity*

Click [here](#) to register. You will receive a confirmation email with log-in instructions.

Registration is free and limited
Continuing education credits will be available
For more info, email: caprofed@marchofdimes.org

Thank you!!

Mashariki Kudumu, MPH
March of Dimes
Maternal and Health Director
Greater Los Angeles
mkudumu@marchofdimes.org
Phone: 818-539-2178

