



Maternal and Child Health Access

Our next Monthly Meeting is scheduled for this Thursday, 1-16-2020

Where?

10:00 AM to 12:00 PM

Maternal and Child Health Access
Patricia Phillips Community Room
1111 W. 6th St., 3rd Floor
Los Angeles, CA 90017
213 749 4261
info@mchaccess.org

Speaker/Topic

Sharon L. Rapport, Director, California
State Policy
Corporation for Supportive Housing
"The Governor's Housing Proposals"
Health/Social services state budget
update

CLICK HERE TO
RSVP

Happy New Year!

We will focus on the Governor's proposed 2020-21 budget and one of his priorities of housing/homelessness, in addition to reviewing health-mental health and social services funding.

From our meeting Nov. 21, 2019 (see materials on [MCHA website](#)):

Guest Speaker: from Marta Bills, MCH Director for March of Dimes. We also provided a summary of CalAIM, now renamed "Medi-Cal Healthier California for All". See the re-branded website and get on the mailing list for updates [here](#).

Multiple organizations have produced analyses of the Governor's Budget:

Summary from Governor's Office: <https://calbudgetcenter.org/issues/budget/>
and full budget here: www.ebudget.ca.gov

Legislative Analysts Office: lao.ca.gov/Budget

Western Center on Law and Poverty: <https://wclp.org/western-center-reaction-to-governor-newsoms-proposed-2020-2021-budget/>

California Budget and Policy Center: <https://calbudgetcenter.org/issues/budget/>

California Pan-Ethnic Health Network: Stay tuned for a more in depth analysis and for more information about CPEHN's policy priorities, visit: <https://cpehn.org/policy-center>

New Public Charge Rules Still Blocked!

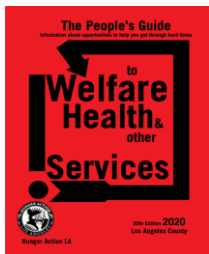
On Weds., Jan 8, the 2nd Circuit Court of Appeals denied the Trump Administration's motion to stay (or temporarily lift) the New York District Court's injunction of the public charge regulation while the appeal advances. In other words, a nationwide preliminary injunction is still in place, and DHS's public charge rule is still blocked from taking effect. In the last few weeks, the 7th Circuit also denied the federal government's request to stay the Illinois-only preliminary injunction, but the 9th and 4th Circuits both granted the Trump Administration's request to stay the nationwide preliminary injunctions. See www.protectingimmigrantfamilies.org

2020 Peoples Guide Now Available!

The long-awaited new edition of the Peoples Guide to Welfare Health and Other Services 2020 is available now in English & Spanish!

Published since the late 1970s, the Peoples Guide has become the standard guidebook of public social services for people working in the field, people in need of help, and those just helping their neighbors. (View/Download the PDF version via links at the bottom of this page.)

New rules, information, and programs including:



- The NEW State Rent Control law
- Real ID-who needs one and how do you get it?
- The latest information on DACA for immigrant youth
- How you can expunge convictions to help with job searches
- WIC is going to an EBT card system
- What are Blue Cars and how can you use them?
- Diaper banks

WHATS NEW IN 2020?

Will I need a Real ID to apply for benefits? - pg 71

What is the new state Rent Control law? - pg 5

Will the DACA program be continued? - pg 62

What families can get \$1,000 at tax time if they have a child under 6? - pg 9

Can I get help paying for health insurance? - pg 53

Can people getting SSI now get CalFresh? - pg 30, 38

Is the new WIC EBT card the same as CalFresh? - pg 43

How can I get a job if I have a criminal record? - pg 10

Can I rent a low-cost car in L.A.? - pg 59

This 72-page newsprint booklet gives you all you need to know about applying for:

- Financial assistance for individuals and families
- Unemployment benefits
- Job training
- Help for people in re-entry
- Dept. of Rehabilitation
- Child Care
- Foster Care
- Tax Rebates
- Social Security and SSI
- CalFresh
- Child Nutrition and WIC
- Help with Car Insurance and Smog Check Costs
- Low-Cost Phone Service and Utility Bill Assistance
- Housing (including assistance for Transitional Foster Youth)
- Phone Numbers for Legal Assistance

Ordering

The basic charge is \$1.25 a copy. Individual orders of up to 2 books are free for low-income people.

[Online Order](#) - Bulk Orders

Contact orders@hungeractionla.org Please include your name, address, and quantity of English and/or Spanish copies.

Agencies

We ask that agencies purchase copies so we can pay for publication, translation, and mailing costs. Discounts of various types are available for large orders.

Contact orders@hungeractionla.org

PDF Versions

[English PDF](#) [Spanish PDF](#)

Visit The Peoples Guide page online at www.hungeractionla.org/peoplesguide
Hunger Action LA <http://www.hungeractionla.org>

Cannabis linked to birth complications

From: CalMatters, 12-12-19

Expert scientists say THC is developmentally toxic.

Pregnant women should be warned about THC risks in their babies. That decision was handed down Wednesday, 12-11-19 by a panel of expert scientists meeting in Sacramento.

- The state Developmental and Reproductive Toxicant Identification Committee voted 8-1 to label THC - the high-inducing chemical in marijuana - as developmentally toxic.

Scientists based their decision on studies that link cannabis to low birth weight, early deliveries, infant mortality or cognitive or health problems with children. The cannabis industry [argued](#)

- there hasn't been enough research. They warned the move could make them targets of lawsuits.
- Aydin Nazmi, professor at Cal Poly San Luis Obispo, was the lone vote against warning labels. He said he didn't believe there was enough evidence.

Oh, and cannabis smoke is toxic. The same panel of scientists voted unanimously to label cannabis smoke toxic. Dan Morain has [previously reported](#) on the rising number of Californians hospitalized due to vaping-related illnesses.

- "There's no ban on the use of chemicals. It's a right-to-know law that provides, in some cases, for people to make their own personal decision about what products to use," said Sam Delson, a spokesman for the California Office of Environmental Health Hazard Assessment.

Expect more warning labels. Under [Proposition 65](#) California requires foods, products and even places to have warning labels with that familiar phrase "known to the State of California to cause cancer, birth defects or other reproductive harm."

- THC and cannabis smoke immediately go on the Prop. 65 chemicals list. However, there's a one-year grace period for labeling, and the state could tailor a special warning if it chooses.

Pot joins alcohol, tobacco, gasoline and even Subway sandwiches.

Sign up for Winter Shelter Program Updates

View this announcement on our website [here](#).

View the Winter Shelter Program flyer in [English](#) [here](#) (and [Spanish](#) [here](#)) for locations and transportation pick-up spots.

For more information, please call the Winter Shelter Hotline at 1-800-548-6047 (available 24 hours a day, seven days a week).

About the Winter Shelter Program: Winter shelters provide shelter, warmth, food, and comfort to homeless individuals during the cold and wet weather season. In addition to temporary emergency shelter, each program location provides access to supportive services and housing assistance. The Los Angeles Homeless Services Authority coordinates the Winter Shelter Program in partnership with the California National Guard, the county of Los Angeles, and the city of Los Angeles.

Cedars-Sinai is extending care to more needy patients - Los Angeles Times



[Cedars-Sinai is extending care to more needy patients - Los Angeles Times](#)

With its deluxe suites, A-list patients and world-class art collection that includes works by Picasso and Chagall, Cedars-Sinai Medical Center's nickname is "hospital to the stars." But ...

Reports

California State Auditor Report Release:

[Millions of Children in Medi-Cal Have Not Received Required Testing for Lead Poisoning](#)

Federal Anti-Immigration Policy Hurting Children, Report Says

In California, 1.3 million children younger than age five may lose out on essential services because of a hostile immigration climate, according to a [new report](#).

Researchers from two children's advocacy groups found that the Trump administration's anti-immigrant policies and heightened law enforcement have had major impacts on children up to age five.

DATA VISUALIZATION: C-SECTION HONOR ROLL

The [C-Section Honor Roll 2019 data visualization](#) gives an overview of the 235 hospitals that offer maternity services in California with stars indicating the 134 hospitals that met or surpassed the federal target aimed at reducing births via C-Section (Cesarean) in first-time mothers with low-risk pregnancies.

The U.S. Department of Health and Human Services adopted the Healthy People 2020 target of reducing nationwide C-Section rates for low-risk, first-births to 23.9 percent. In California, these rates range from less than 15% to more than 40%, indicating potential for further improvement.

This visualization was produced in collaboration with the California Maternal Quality Care Collaborative (CMQCC) and CalHospitalCompare.org, and is part of an ongoing effort to work with partners and stakeholders to create data products that increase the value, impact, and usefulness of information. All ratings are based on prior year data.

SAVE THE DATE

The 2020 Immigrant Justice Fellowship fellow application deadline has been extended to February 7, 2020 at 6 PM PST!

The Immigrant Justice Fellowship (IJF) is our California rapid response fellowship that aims to: (1) center the voices and experiences of undocumented immigrant youth in the immigrant rights movement, (2) protect and defend undocumented communities from mass detention and deportation, and (3) create a welcoming, healthy, and just society for immigrants.

Five immigrant youth, rooted in directly impacted communities, will be selected to participate in this full-time fellowship that occurs from April 2020 to March 2021. Each fellow will be provided a monthly \$4,000 fellowship award and placed at one of our partner organizations to strengthen community-led and trauma-informed rapid response networks.

For more information (eligibility requirements, partner organization information, and FAQ's) and to apply, go to <http://bit.ly/AboutIJF>.

For questions, please contact George Chacon, the Immigrant Justice Fellowship Project Manager, at gchacon@ucla.edu

or (213) 480-4155, Ext. 256.

Heart and Hands Postpartum Doula Training & Certification Program

Mastering the Art of Mother and Baby Care Learn skills to support postpartum mothers and newborns in the first weeks after birth.

[REGISTER NOW](#)

ABOUT THIS COURSE

In this class, you will learn skills to support new mothers and care for newborns immediately following birth and the first months. More than a baby nurse, a Postpartum Doula provides skilled emotional support, physical care and comfort to the new mother, instruction on self-care and baby care, and instills confidence in her clients for parenting a newborn. Services also may include breastfeeding support, meal preparation, care of siblings, and linking families to supportive services in the community. This training will enable participants to provide valuable assistance to new families.

INTENDED AUDIENCE

Home visitors working with mothers and infants, perinatal case managers, CNAs, Medical Assistants, child development students, nursing students with career aspirations in maternal-infant nursing, CPSP workers, early intervention specialists, preschool teachers, nannies, aspiring lactation consultants and educators, and more. Persons of color are encouraged to attend.

COURSE DETAILS

The instructional methods include lecture, demonstration, discussion, and experiential processes including videos. A 200-page manual will be provided.

Dates and Location of Course: Mondays & Wednesdays, February 10, 12 & 17, 19, 2020

Days and Hours of Course: 9:30 am to 2:00 pm, 4 days, 16 hours total.

Registration Deadline: February 3, 2020.

For more information go to [our website](#). Early Bird Specials, Group Discounts and Scholarships Available

Feb. 25-26: Essential Access Health's Women's Health Update 2020. California Endowment 8:15 - 4:30. Register today to attend [Women's Health Update 2020](#), a national conference designed for busy health care professionals seeking to enhance their capacity to provide quality sexual and reproductive health services in diverse settings. Conference participants can earn up to 13.5 Continuing Education Credits! [Register now!](#)

Maternal and Child Health Access

1111 W. 6th St., Ste. 400

Los Angeles, CA 90017

213 749 4261 phone

213 745 1040 fax

www.mchaccess.org

info@mchaccess.org

STAY CONNECTED: