

**Did you know? Women in relationships with violence have four times the risk for contracting STIs, including HIV, than women in relationships without violence.**

At East Los Angeles Women's Center we can help answer question you might have about HIV or Sexually Transmitted Infections. Our HIV Health navigators are ready to help you.



**What does a HIV Health navigator at East Los Angeles Women's Center do?**

A women's HIV health navigator at ELAWC is a health educator dedicated to help women when they have questions about HIV or STD's, the navigator can connect you to vital services such as HIV testing and treatment, STD screening and other services you might need to stay healthy.

ELAWC navigators have a solid foundation on health education, are trauma informed and as certified sexual assault and domestic violence advocates, they have an understanding of the unique HIV vulnerabilities survivors of sexual assault and domestic violence face. HIV health Navigators has updated information on HIV and STD's and will be happy to answer your questions!

**How can ELAWC HIV Navigators help me?**

The HIV health navigators can help you do just that; "navigate the ins and outs of HIV services" they can help you find testing locations where you can get a free rapid HIV test, help you find the best providers or even assist you in making an appointment. You deserve to be healthy and the HIV health navigators can share with you advice on how to protect your sexual health, teach you how to access services faster and assist you in developing a solid HIV prevention plan tailored to your specific needs.

**Below is a list of free services HIV health navigators can connect you with:**

- Rapid HIV testing
- STD screening
- STD Treatment
- HIV Care
- Immediate access to safer kits (condoms, lubricants and dental dams)
- Pre -Exposure Prophylaxis (PrEP)
- Post Exposure Prophylaxis (PEP)
- Reproductive health services
- Crisis intervention and counseling for survivors of sexual assault and domestic violence

In addition to the services listed above, the Navigators can provide you with updated referrals to social support, mental health substance use treatment and housing. This service is free and fully confidential.

If you feel you need to talk to a navigator because you are concerned about HIV or other STD's, do not hesitate and call us. **Hablamos español y te podemos ayudar si tienes preguntas o preocupaciones acerca del VIH o Infecciones de Transmisión Sexual. Nuestros servicios son gratis y confidenciales.**

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