



Highlighting Disparities For Latinas

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Data Dissemination Project
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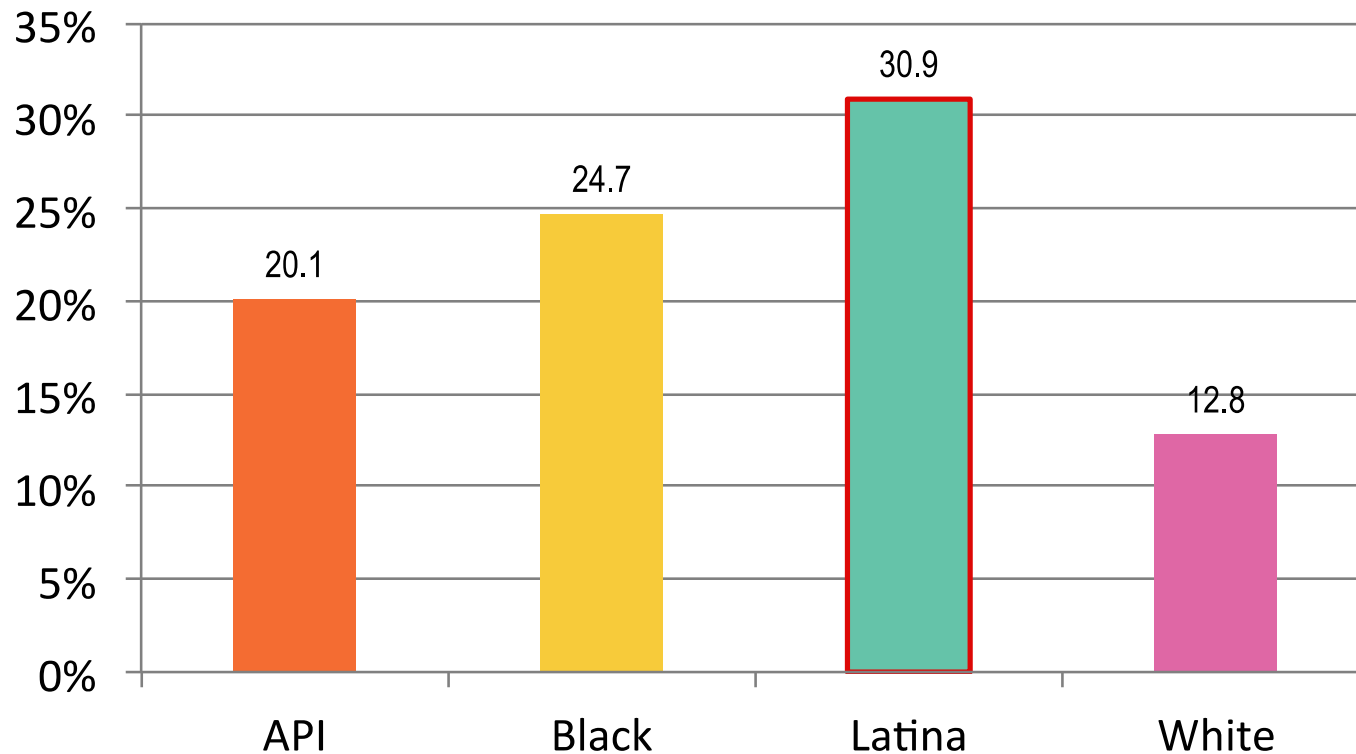
Latinas

- Poorest Health Status
- Greatest disparities in education, poverty and insurance indicators.
- Youngest and most rapidly growing ethnicity in Los Angeles County.

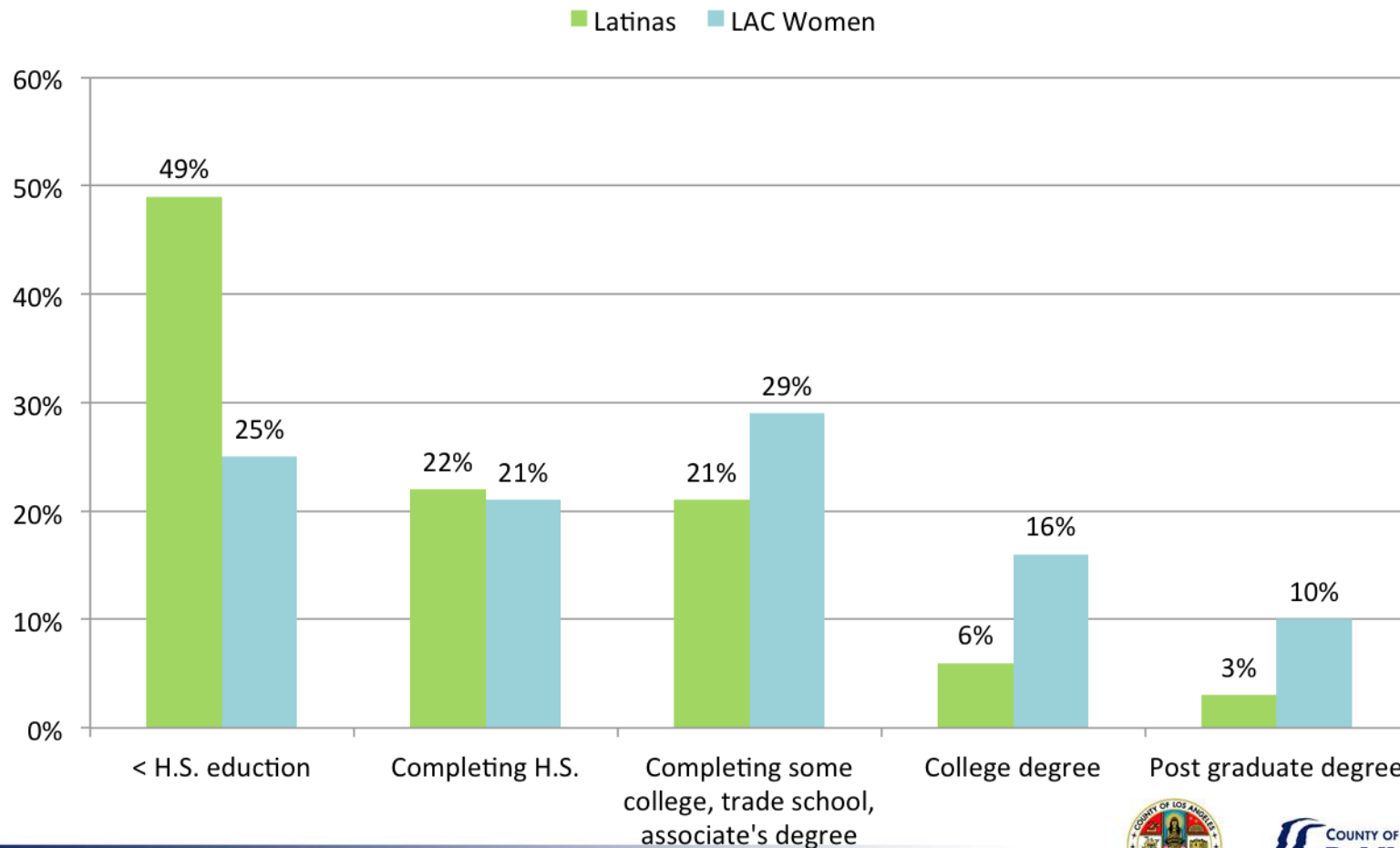


Self-Reported Health Status

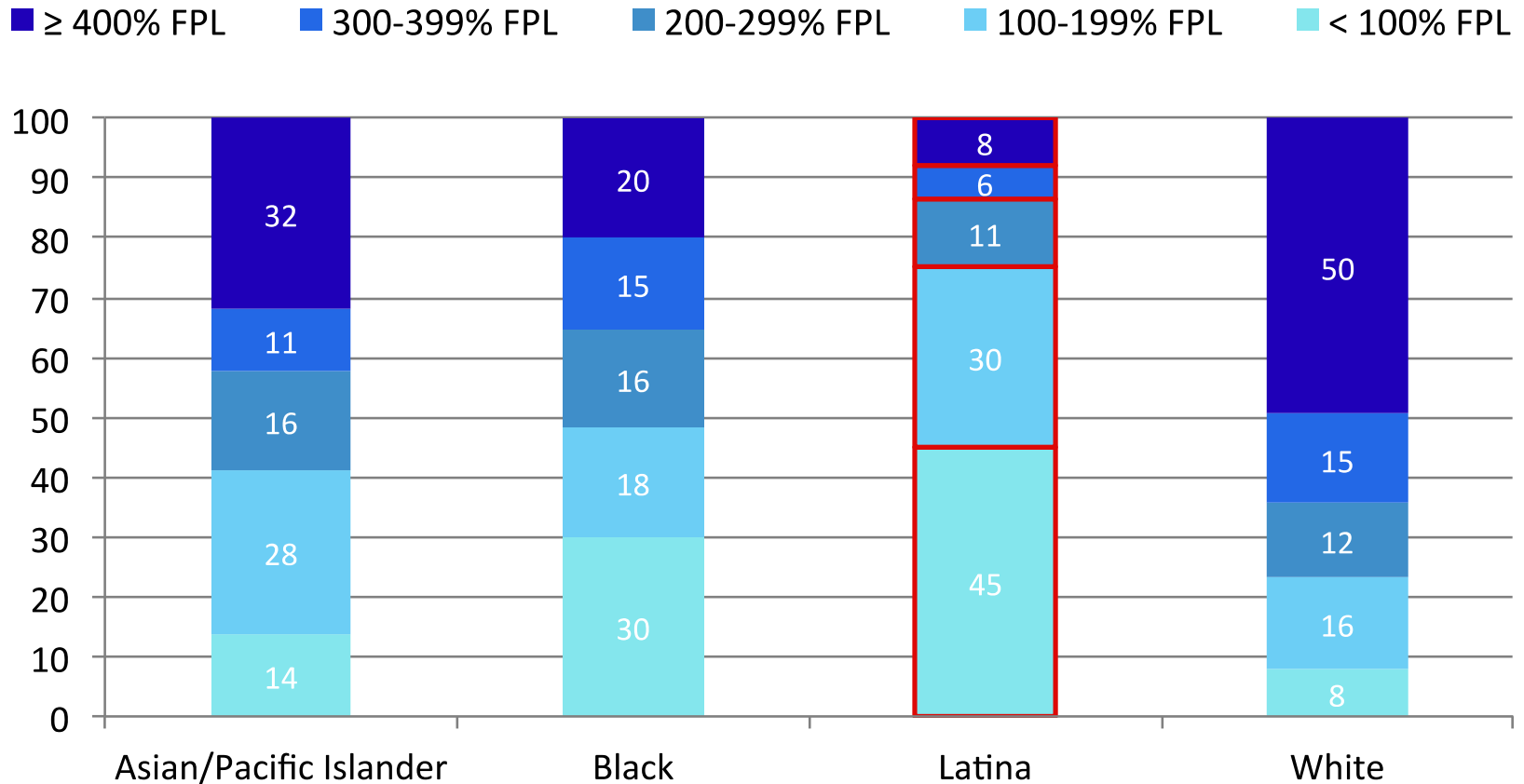
Fair/Poor Health among Women by Race/ Ethnicity



Determinants of Health: Education



Federal Poverty Level (FPL) Among Women in Los Angeles County By Race/Ethnicity, 2011

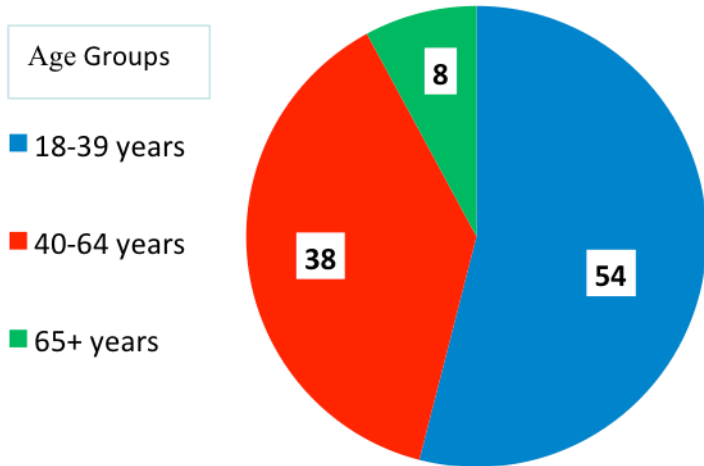


Demographics: Nativity and Language

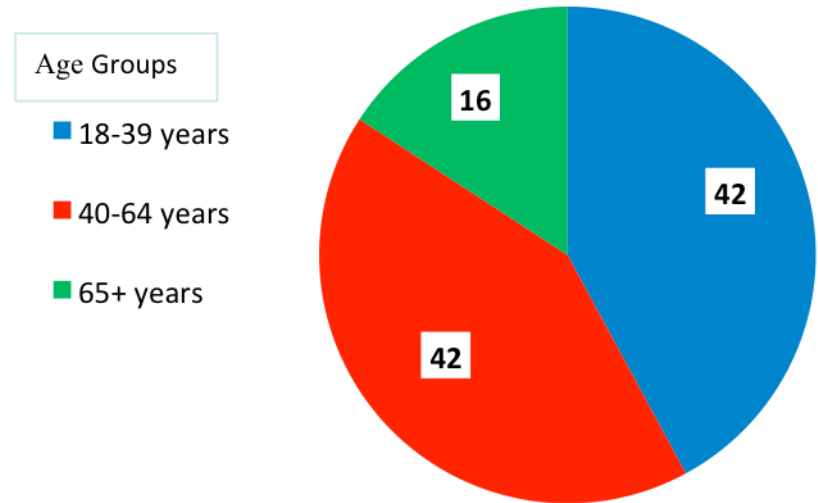
- 67% of Latinas are foreign born
 - 83% of foreign born Latinas living in the US \geq 10 years.
- 67% Latinas speak mostly Spanish at home

Women in LA County by Age

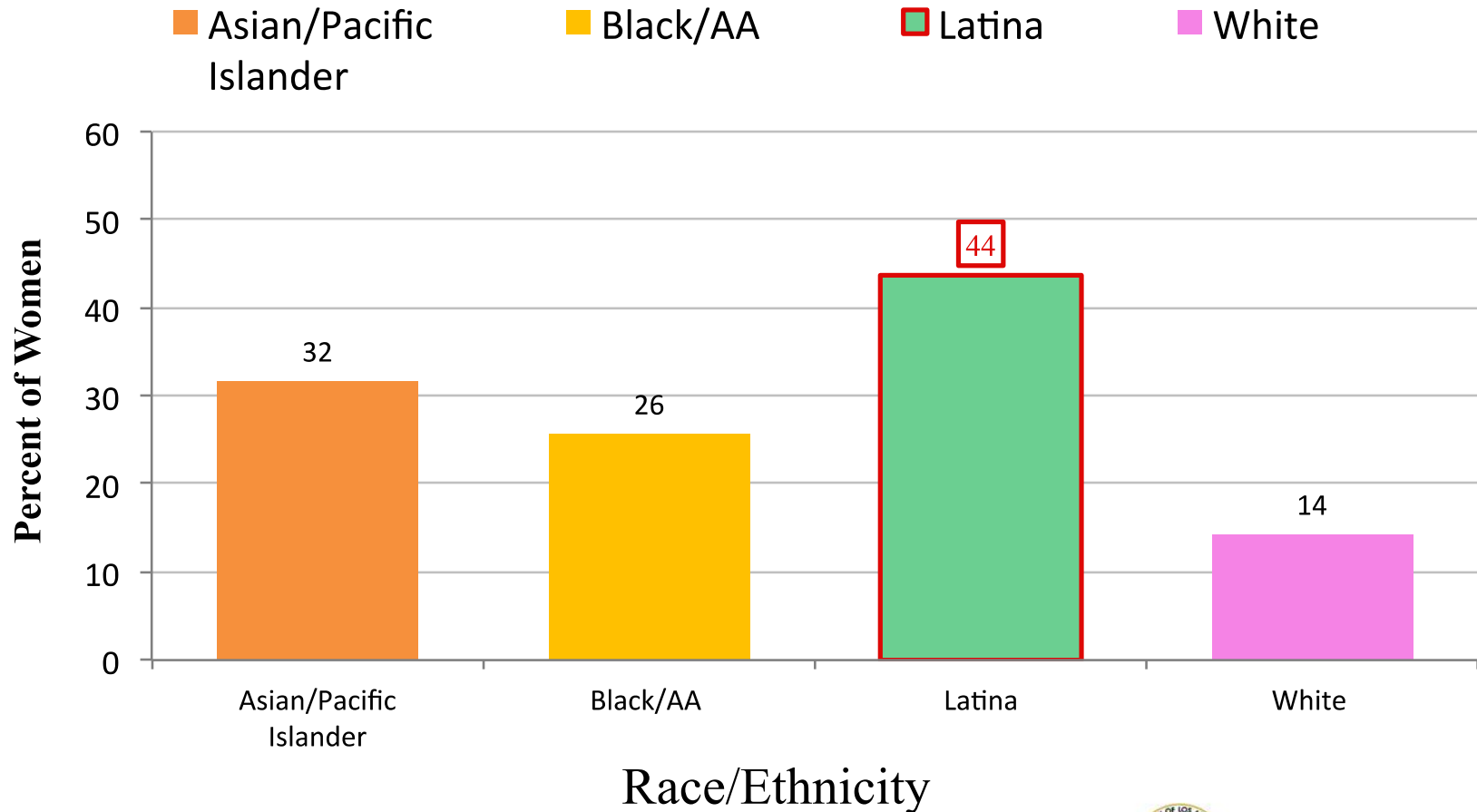
Percent of Latinas by Age Group



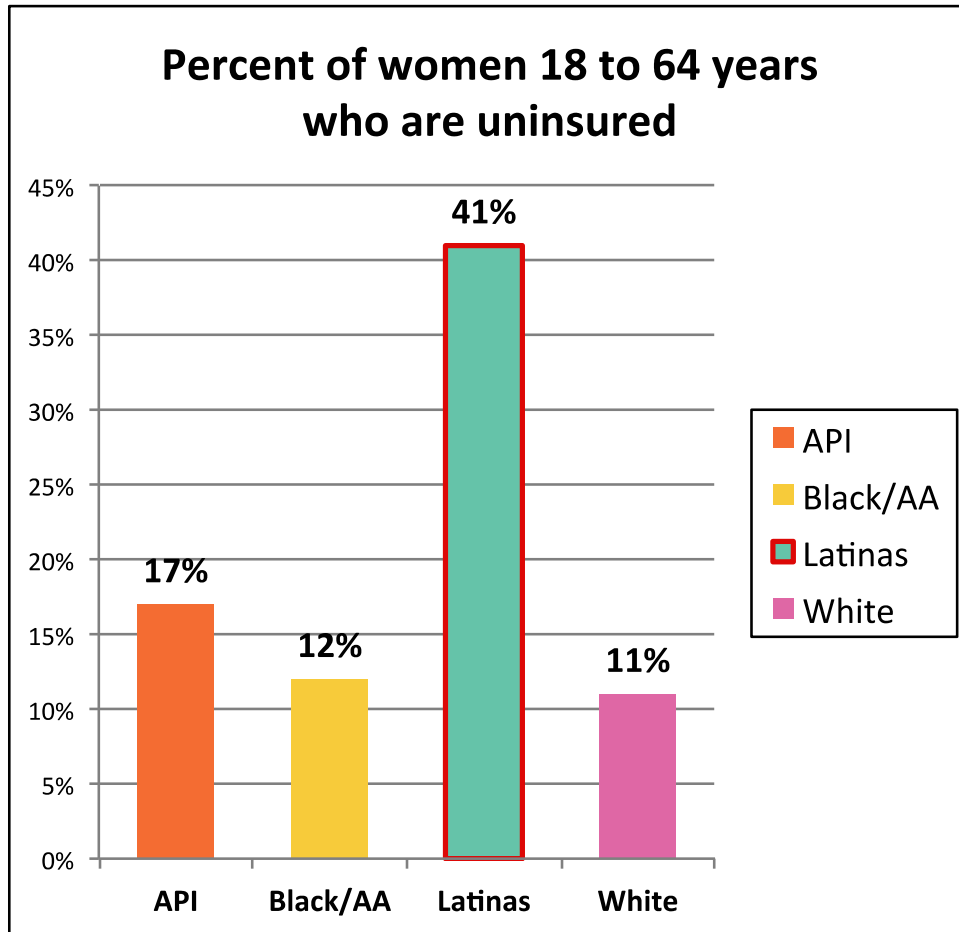
Percent of Total Women By Age Group



Percent of Women Who Report Difficulty Accessing Care in Los Angeles County, 2011



Health Insurance Among Latina Women



- Health Insurance
 - 41 % among Latinas compared to 28% of LAC women.
 - Only 31% of Latinas are privately insured
 - 27 % of Latinas have Medi-Cal



Health Care Access

- Higher percent with **no regular source of health care**
 - 21.5% of Latinas compared to 17.3% of LAC women
- Lack of access to **dental care**:
 - 67% of Latinas do not have dental insurance
 - 42% of Latinas did not obtain dental care in the past year because they could not afford it

Cancer Screenings

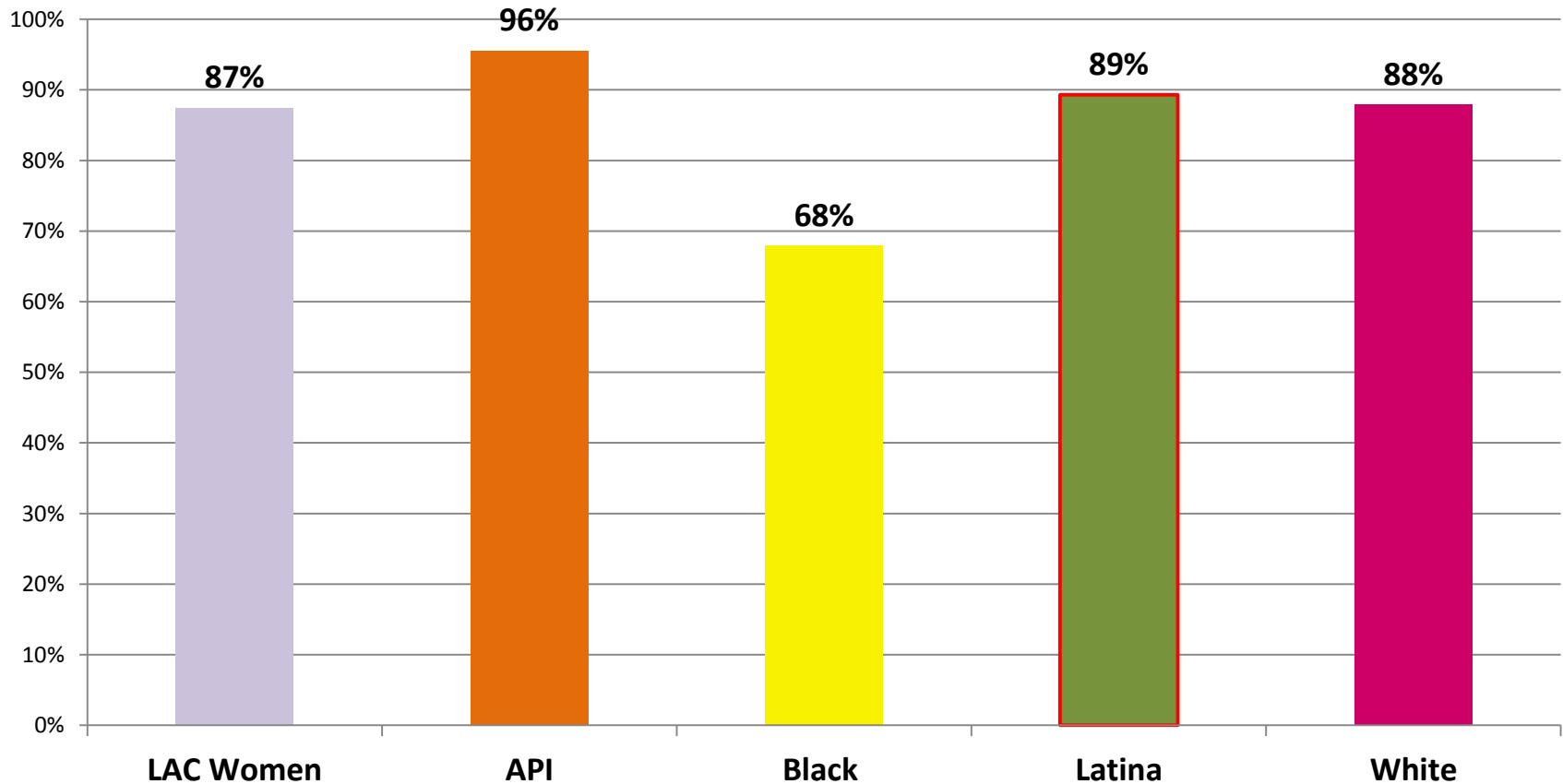
- Higher percent of women (21-65 years) who had a **Pap test** within the past 3 years compared to LAC women¹
- Highest percent of women (50-74 years) who had a **Mammogram** within the past 2 years¹
- Lowest percent of women (50-74 years) who are in compliance with **colorectal cancer screening**²



Positive Health Behaviors Compared to LAC Women

- Lower percent of Latinas **smoke**
- Higher percent of Latinas meet recommended guidelines for **aerobic physical activity**
- Higher percent of children (0 to 5 years) whose Latina mothers **initiated breast feeding**

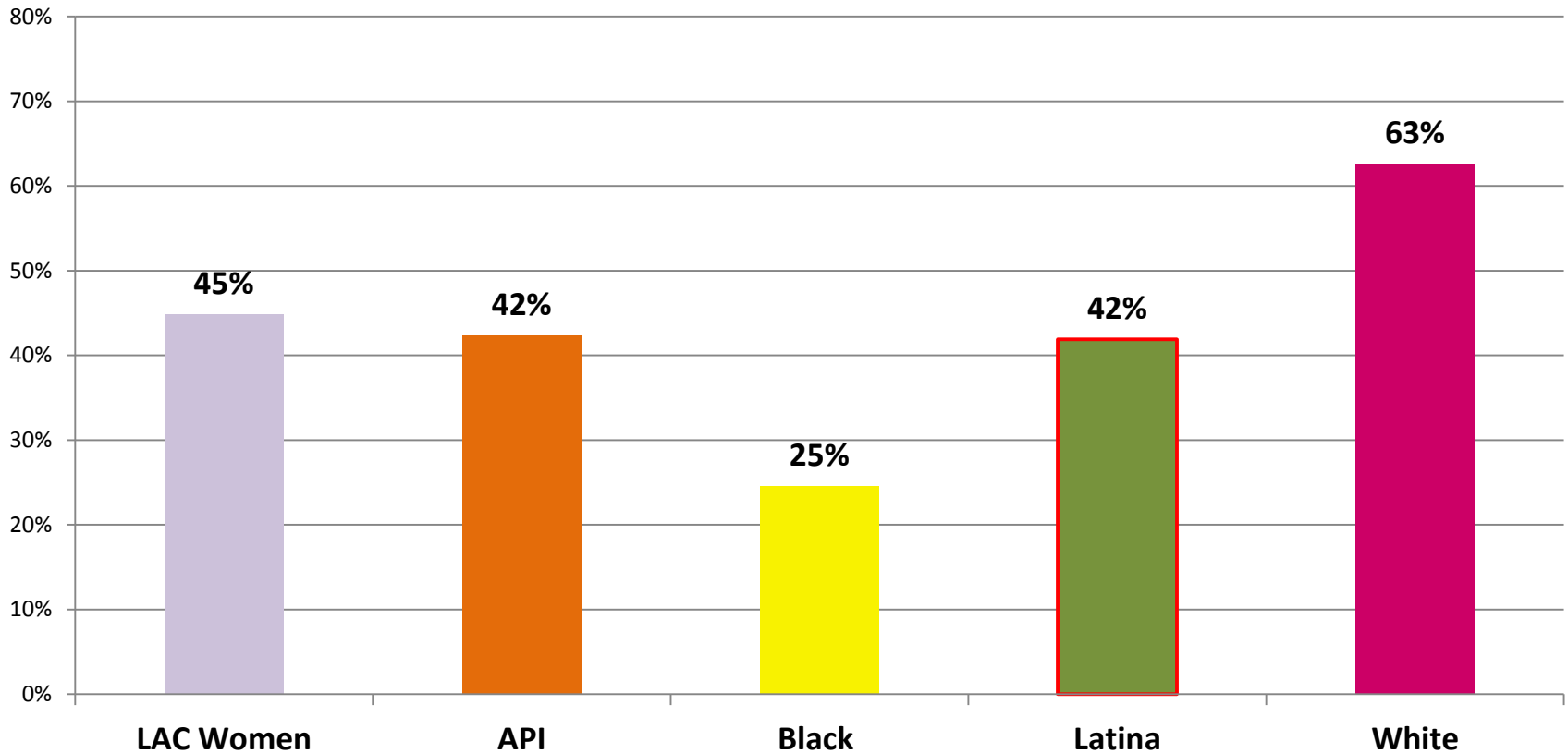
Percent of children 0 to 5 years whose mothers initiated breastfeeding



Source: 2011 Los Angeles County Health Survey



Percent of children 6 months to 5 years whose mothers breastfed at least 6 months



Source: 2011 Los Angeles County Health Survey



Pregnancy and Birth Outcomes Compared to LAC Women

- Most Latinas received **prenatal care** in the first trimester of pregnancy (82.4% vs. 83%)¹
- Fewer Latinas received **preconception counseling** (23.7% vs. 30.6%)²
- Highest rates of births to **teen mothers** (45% vs. 31.2%)¹
- High rates of births resulting from **unintended pregnancy** (57.4% vs. 48.4%)²



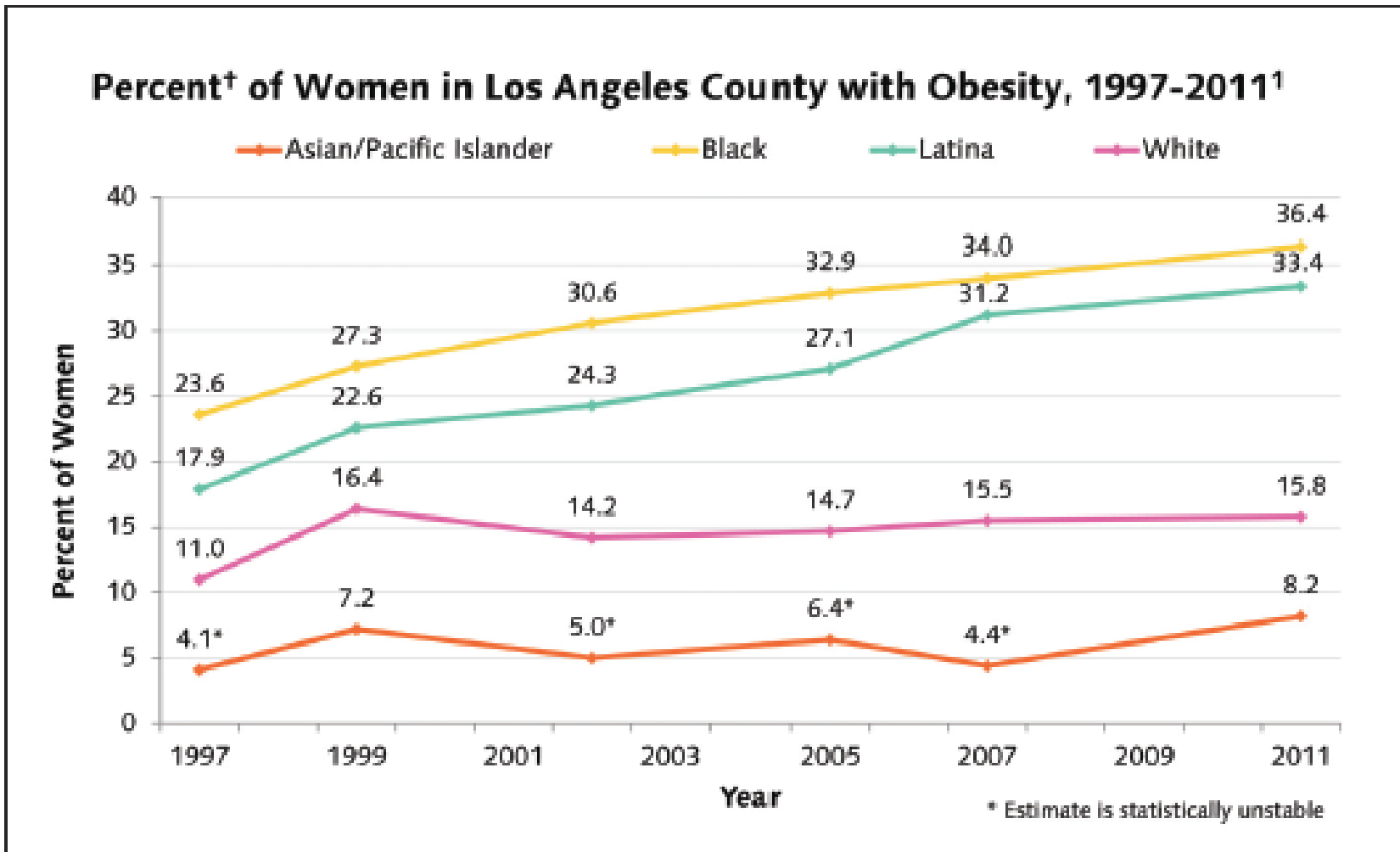
Poorer Health Behaviors Compared to LAC Women

- A higher percent of Latinas drink at least one **soda or sweetened drink** a day (40% vs. 27%)
- A higher percent of Latinas **eat fast food** at least once a week (39% vs. 34%)
- A lower percent of Latinas consume ≥ 5 serving of **fruits and vegetables** a day (16% vs. 20%)

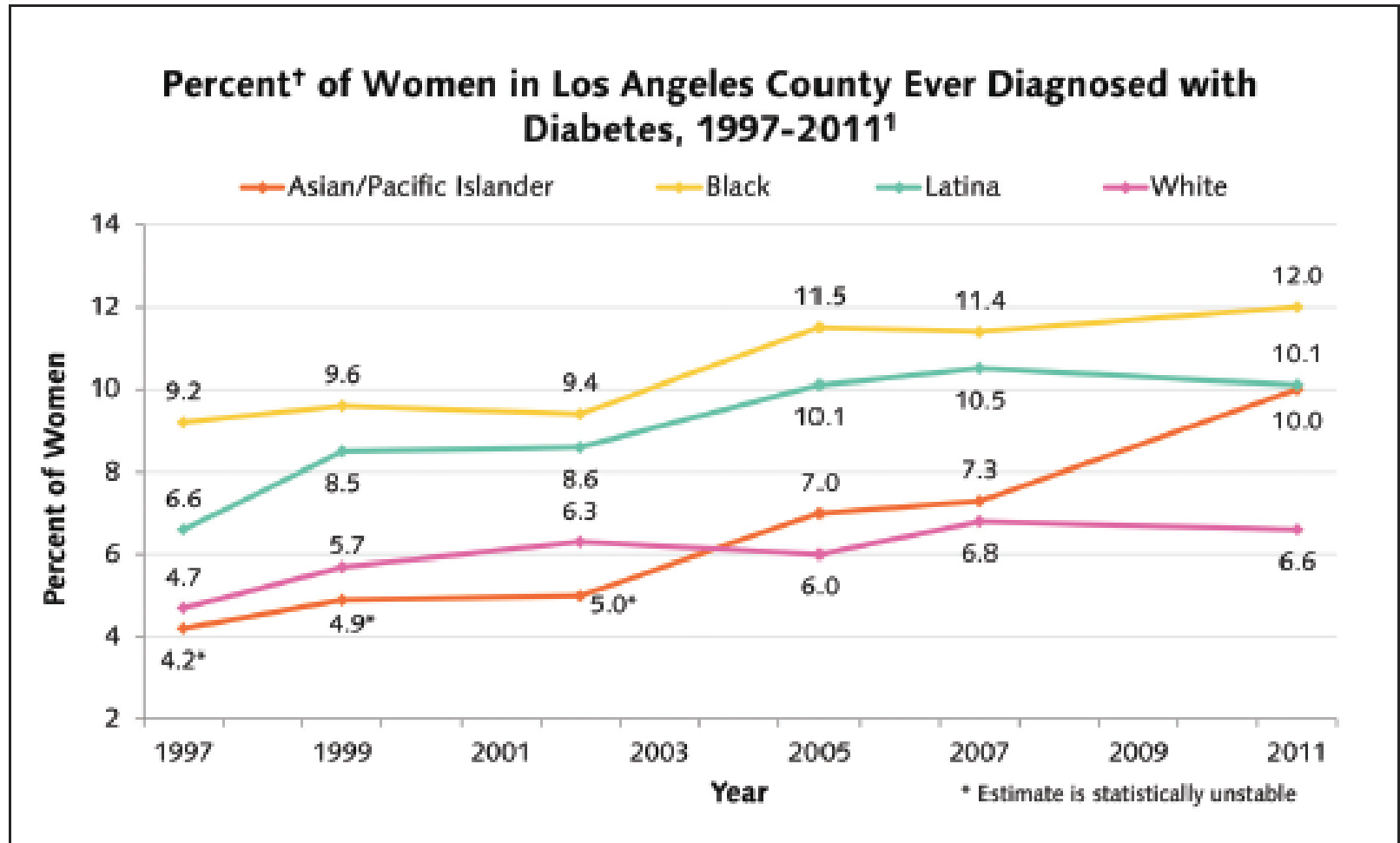
Health Conditions

- Obesity and Overweight
 - Higher percent of Latinas are **obese** (BMI \geq 30) compared to LA County women (33% vs. 24%)
 - Higher percent of Latinas are **overweight** ($25 \leq$ BMI $<$ 30) compared to LA County women (35% vs. 30%)
- Higher percent of adults ever diagnosed with **diabetes** compared to LA County women (10% vs. 9%)

Trends in Obesity



Trends in Diabetes



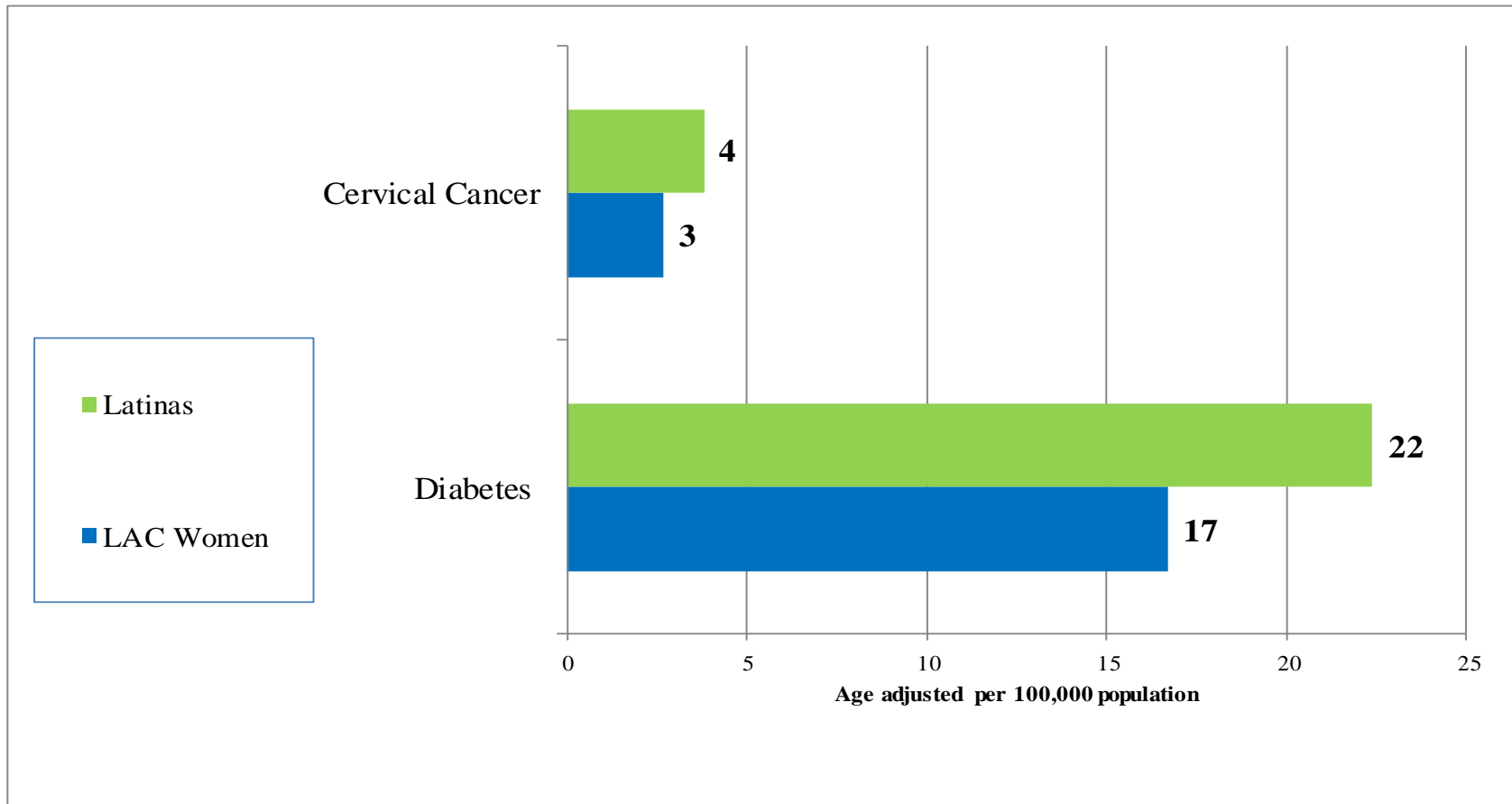
Mortality

- Overall Latina mortality rate from all causes is **lower** compared to LAC women. *However....*

Latinas have

- A higher Diabetes death rate than LAC women
- A higher Cervical cancer death rate than LAC women
- A Breast cancer mortality rate that has increased 16% from 2000 to 2009.

Key Mortality Disease Rates for Latinas



Conclusions

- Latina women:
 - Poorest health status
 - Highest poverty and uninsured
 - Lowest level of formal education
 - Will have the largest projected growth over the next few decades
 - Socio-economic challenges will be magnified as the population ages





Thank You!!

HEALTH INDICATORS FOR WOMEN IN LOS ANGELES COUNTY

Highlighting Disparities by Ethnicity and Poverty Level



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