

Maternal and Child Health Access Monthly Meeting

Thursday, May 20, 2021

May is Asian American Pacific Islander Heritage Month
May is Mental Health Awareness Month!



May is CalFresh Awareness Month!



The Help Line is operated 24/7: **1-800-854-7771**

You can also **text “LA” to 741741** anytime to be connected to a crisis counselor.

See also: <https://whywerise.la/werisela/>



1. Welcome!

2. Review mailing, materials and agenda

3. WIC – fresh fruits and vegetables for summer!

Every WIC participant 12 months and older will get **\$35 each month** for fruits and vegetables **June through September, 2021**. A family with a pregnant parent and two children on WIC would receive \$105 for fruits and vegetables monthly in addition to all their other WIC foods. Current WIC participants will see the added dollar amount for fruits and vegetables appear on their WIC card balance in June.

4. Improvements in CalFresh during the pandemic – Marcela Marquez,

CalFresh Coordinator, MCHA New research on the impact of CalFresh expansion to people with SSI, 2019: [New SNAP Eligibility in California Associated With Improved Food Security and Health](#).

5. Guest Speaker: Lucy Quacinella, Multiforum Advocacy Solutions,

State Budget: May Revise Update and More

6. Announcements

Next Monthly Meeting – Thursday, June 17, 10 AM – 12 Noon