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## Childbirth Education Classes - Los Angeles County

For corrections or additions, please contact: [info@mchaccess.org](mailto:info@mchaccess.org)

### Service Planning Area 2- San Fernando Valley and Santa Clarita Valley Region

#### Glendale Adventist Medical Center

- Address: 1509 Wilson Terrace, Glendale, CA 91206
- Phone: (818) 409-8000
- Patient is required to pre-register for the one-day childbirth preparation class, which is free of charge for Glendale Adventist Medical Center patients. You can pre-register anytime you receive any maternal healthcare services at the hospital.
- In-person classes are available at this site. Please contact Griselda Gosman at [gosmang@ah.org](mailto:gosmang@ah.org) to register for the childbirth class.
- Click on this link to learn more about classes and tours:  
<https://adventisthealth.org/glendale/services/womens-care/maternity-services/classes-and-tours/>

#### Providence Saint Joseph Medical Center

- Address: 501 S. Buena Vista St., Burbank, CA 91505
- Phone: (818) 847-8400
- Childbirth, pregnancy, and parenting virtual classes are available at this site and offered in multiple languages.
- eClasses are free of cost if you are planning to give birth at Providence Saint Joseph Medical Center Health Center. If you are not a patient, the cost of a childbirth class is \$75.00 upon registration.
- Please contact the Patient Engagement Center to register for your free eClass or if you need any other assistance please call (877) 227-3457 or local number (213) 878-2365.
- Please follow the link to register <https://www.providence.org/services/maternity>

### Service Planning Area 3- San Gabriel Valley

#### Huntington Hospital

- Address: 100 W. California Blvd., Pasadena, CA 91105
- Phone: (626) 397-5000
- Baby Virtual Live classes are available in the following topics: childbirth, pregnancy, and parenting classes.
- Huntington Hospital members register free for classes.
- Please use the following to learn more information and register for a class:  
<https://www.huntingtonhealth.org/our-services/womens-health/huntington-baby/classes-tours/>

## Service Planning Area 4- Metro Los Angeles

### Adventist Health White Memorial

- Address: 1720 E Cesar E Chavez Ave, Los Angeles, CA 90033
- Phone: (323) 268-5000
- Childbirth, breastfeeding and maternity classes are available at this site.
- The classes are free of charge to all attendees despite insurance or lack of insurance
- The hospital offers all classes virtually through Teams meetings. You can review class schedule using the following link:  
<https://adventisthealth.org/white-memorial/services/maternity-care/>
- The hospital offers a Childbirth Class series, a three-week course meeting once a week for 3 hours each class, every other month.
- The hospital does not provide a Spanish Childbirth Educator at this time, but will update class schedules once they provide the option.
- To register for the class, complete the online registration form. The parent will receive a message stating their registration is received and details regarding how to join the class.
- Please use this link to learn more information about registration for classes:  
<https://adventisthealth.org/white-memorial/services/maternity-care/classes-and-tours/>

### PIH Health Good Samaritan Hospital

- Address: 1225 Wilshire Blvd, Los Angeles, CA 90017
- Phone: (213) 977-2121
- PIH Health offers workshops at all three partner hospitals. An updated list of classes and the schedule can be found using the website link: [Event Search Results \(pihhealth.org\)](https://www.pihhealth.org/event-search-results)
- Each PIH hospital varies with in-person or virtual health education class options. At PIH Good Samaritan Hospital location, classes are free and currently held virtually. Registration is required.
- Susan Hughes is the contact for class information and registration: [Susan.Hughes@pihhealth.org](mailto:Susan.Hughes@pihhealth.org)
- Mirian Naranjo offers the in-person maternity tours in Spanish and English:  
[Mirian.Naranjo@pihhealth.org](mailto:Mirian.Naranjo@pihhealth.org).

### Hollywood Presbyterian Medical Center

- Address: 1300 N Vermont Ave, Los Angeles, CA 90027
- Phone: (213) 413-3000
- Childbirth and parenting classes are available at this site. The cost of the classes is covered by some insurance plans. Please contact hospital and inquire for further information.
- In-person classes are available and virtual classes may be available. Classes are offered in English, Korean, Spanish and Armenian.
- Please click on the following link for more information on how to register:  
<https://www.hollywoodpresbyterian.com/our-services/maternity-services-at-cha-hollywood-presbyterian-medical-center/childbirth-classes/>
- The childbirth class is a complimentary service reserved for expectant mothers who are pre-registered for delivery. All participants are required to register for the class by calling Special Deliveries at 323.913.4909 between 8:30 a.m. to 5:00 p.m. Registration will be confirmed the week of class. For all new mothers, please complete the pre-admission form, print it, and bring it with you when arriving at the hospital.

## Serving Area 5- West Los Angeles

### Cedars-Sinai Medical Center

- Address: 8700 Beverly Blvd, Los Angeles, CA 90048
- Childbirth and maternal health education classes are available at this site.
- For Virtual Class support call (800) 998-7042
- For maternity tour support, email [prenatal@cshs.org](mailto:prenatal@cshs.org) or call (310) 423-5168
- Cedars-Sinai Medical Center collaborates with BabyLive Advise organization for virtual live health education services.
- Each maternal health education class is a three-part series class. Each class runs 90 minutes and are scheduled all at once, each class one week apart at the same time and day.
- Each class has a fee and includes two people per registration.
- Please visit the following website to sign up for a virtual health education class.  
<https://class.babyliveadvice.com/subscriber/introduction/7737407F-427B-4A06-8BCD-5C0541EC1D6D>

### Kaiser Permanente Los Angeles Medical Center

- Address: 4867 W Sunset Blvd, Los Angeles, CA 90027
- Phone: (833) 574-2273
- Prenatal and Childbirth Education Classes are available at this site.
- Cost of classes is covered by Kaiser Permanente insurance. Members should confirm coverage.
- In-person classes and virtual classes may be available.
- Please follow the link for further information on maternity services:  
<https://healthy.kaiserpermanente.org/southern-california/health-wellness/maternity/find-hospital/los-angeles/classes-resources>
- Kaiser Permanente's educational programs let you connect with other parents while you learn about pregnancy, labor, birth, breastfeeding, baby care, safety, and parenting. Each session is 2 ½ hours long. There is no fee for Kaiser Permanente members.
- Some programs are open to non-Kaiser Permanente members. A non-member must call 323-783-4472 for more information.

### UCLA Health - Ronald Reagan UCLA Medical Center

- Address: 757 Westwood Plaza, Los Angeles, CA 90095
- Maternity and childbirth virtual classes are available at this site.
- The cost of the classes is covered by most insurance plans. Please check with your provider.
- Cost for UCLA Patients: \$100.00 for each three-part series. Our discount price for taking all nine classes in one month is \$250.00
- Cost for community patients: \$150.00 for each three-part series. Our discount price for taking all nine classes in one month is \$350.00
- Clients should follow link to learn more information on how to register for classes:  
<https://www.uclahealth.org/medical-services/birthplace/classes-tours/class-descriptions/online-schedule>
- Clients should follow link to learn more information on Labor & Delivery services at UCLA Health:  
<https://www.uclahealth.org/medical-services/birthplace>

## **Serving Planning Area 6- South Los Angeles**

### *St. Francis Medical Center*

- Address: 3630 E Imperial Hwy, Lynwood, CA 90262
- Phone: (310) 900-8900
- Childbirth and maternity care classes are available at this site.
- The cost of classes are covered by some insurance plans. Please contact the Family Center at (310) 900-2022 to inquire for services.
- For more information on maternity care services please review the following link:  
<https://stfrancismedicalcenter.com/services/maternity-care/>

## **Service Planning Area 8- South Bay**

### *Harbor-UCLA Medical Center*

- Address: 1000 W Carson St, Torrance, CA 90502
- Phone: (424) 306-7200
- Pregnancy and childbirth education, breastfeeding, and parenting education classes are available through MAMAs Neighborhood program.
- MAMAs Neighborhood program provides free quality healthcare and supportive services for pregnant individuals and new moms
- Please contact MAMAs Neighborhood at (844) 37-MAMAS or via email [mamas@dhs.lacounty.gov](mailto:mamas@dhs.lacounty.gov) to connect with a care coordinator to help you find supportive services.
- Please visit the following site for further information on MAMAs Neighborhood program services in different county hospital locations: <https://dhs.lacounty.gov/womens-health/our-services/womens-health/prenatal/>

### *Providence Little Company of Mary Medical Center Torrance*

- Address: 4101 Torrance Blvd, Torrance, CA 90503
- Phone: (310) 540-7676
- Childbirth and parenting classes are available at this site, both virtually and in-person.
- The cost of each classes is some insurance plans and prices vary by class topic. Please inquire for more information.
- Please visit the following link to review class schedule:  
<https://www.providence.org/services/maternity#tabcontent-3-pane-2>