

Service Planning Area-2- San Fernando Valley and Santa Clarita Valley Region

Glendale Adventist Medical Center

- Address: 1509 Wilson Terrace, Glendale, CA 91206
- Phone: (818) 409-8000
- Cost: Client is required being pre-registered in order to take the childbirth class. You can pre-registered anytime you are receiving any maternal healthcare services at the hospital.
- In-person class: Please contact Griselda Gosman at gosmang@ah.org to register for class.
- Click on this link to learn more about classes and tours:
<https://adventisthealth.org/glendale/services/womens-care/maternity-services/classes-and-tours/>

Providence Saint Joseph Medical Center

- Address: 501 S. Buena Vista St., Burbank, CA 91505
- Phone: (818) 847-8400
- Classes: Childbirth, Pregnancy, and parenting classes
- Cost: \$75.00.
- If you planning to give birth at Providence Saint Joseph Medical Center virtual classes are through Birth eClass. Classes' and are offered in multiple languages.
- eClasses are free of cost if you are planning to give birth at Providence Health Center
- Please contact the Patient Engagement Center to register for your free eClass or if you need any other assistance at (877) 227-3457 or local number (213) 878-2365.
- Please follow the link to register <https://www.providence.org/services/maternity>

Service Planning Area 3- San Gabriel Valley

Huntington Hospital

- Address: 100 W. California Blvd., Pasadena, CA 91105
- Phone: (626) 397-5000
- Classes: Childbirth, pregnancy, and parenting classes
- Baby Virtual Live classes are available.
- Huntington Hospital members register free for classes.
- Please use the following to learn more information and register for a class:
<https://www.huntingtonhealth.org/our-services/womens-health/huntington-baby/classes-tours/>

Service Planning Area 4-Metro Los Angeles

Adventist Health White Memorial

- Address: 1720 E Cesar E Chavez Ave, Los Angeles, CA 90033
- Phone: (323) 268-5000
- Classes: Childbirth, breastfeeding and maternity classes
- The hospital offers all classes virtually through Teams meetings. The class schedule can be found on the adventisthealth.org/white-memorial/services/maternity-care/
- The hospital offer Childbirth Class, a three week course meeting once a week for 3 hours each, every other month.
- Baby Care Class-one 3 hour class, every other month.
- Breastfeeding Class-one 2 hour class every month in English and one 2 hour class every month in Spanish
- The hospital does not provide a Spanish Childbirth Educator yet, but will update class schedules once they provide the option.
- The classes are free of charge to all attendees despite insurance or lack of insurance.
- To register for the class, simply complete the online registration form. The parent will receive a message stating their registration was received and details regarding how to join the class.
- Please use this link to learn more information about registration for classes:
<https://adventisthealth.org/white-memorial/services/maternity-care/classes-and-tours/>

Good Samaritan Hospital

- Address: 1225 Wilshire Blvd, Los Angeles, CA 90017
- Phone: (213) 977-2121
- Classes: Childbirth classes
- Cost: Free of charge but registration is required
- PIH Health offers workshops at all three partner hospitals. An updated list of classes and schedule can be found using the website link: [Event Search Results \(pihhealth.org\)](https://www.pihhealth.org/event-search-results)
- Each hospital varies with in-person or virtual health education class options At PIH Good Samaritan Hospital location are free and currently held virtually.
- Susan Hughes is the contact for class information and registration. The following is her contact information Susan.Hughes@pihhealth.org and
- Mirian Naranjo offers the in-person maternity tours in Spanish and English, Mirian.Naranjo@pihhealth.org.”

Hollywood Presbyterian Medical Center

- Address: 1300 N Vermont Ave, Los Angeles, CA 90027
- Classes: Childbirth and parenting classes
- Phone: (213) 413-3000
- Cost: Covered by some insurance plans; inquire for details
- In-Person/Virtual: In-person classes; virtual classes may be available. Classes are offered in English, Korean, Spanish and Armenian
- Please click on the following link for more information on register:
<https://www.hollywoodpresbyterian.com/our-services/maternity-services-at-cha-hollywood-presbyterian-medical-center/childbirth-classes/>
- Childbirth class is a complimentary service reserved for expectant mothers who are pre-registered for delivery. All participants are required to register for the class by calling Special Deliveries at 323.913.4909 between 8:30 a.m. to 5:00 p.m. Registration will be confirmed the week of class. For all new mothers, please complete the pre-admission form, print it, and bring it with you when arriving at the hospital.

Serving Area 5-West Los Angeles

Cedars-Sinai Medical Center

- Address: 8700 Beverly Blvd, Los Angeles, CA 90048
- Classes: Childbirth and maternal health education classes
- For Virtual Class support call (800) 998-7042
- For maternity tour support email prenatal@cshs.org or call (310) 423-5168
- Cedars-Sinai Medical Center collaborates with BabyLive Advise organization for virtual live health education services.
- Each maternal health education class is a three-part series class. Each class runs 90 minutes and are scheduled all at once, each class one week apart from one another at the same time and day.
- Each class has a fee and includes two people.
- Please visit the following website to sign up for a virtual health education class.
<https://class.babyliveadvice.com/subscriber/introduction/7737407F-427B-4A06-8BCD-5C0541EC1D6D>

Kaiser Permanente Los Angeles Medical Center

- Address: 4867 W Sunset Blvd, Los Angeles, CA 90027
- Phone: (833) 574-2273
- Classes: Prenatal and Childbirth Education Classes
- Cost: Covered by Kaiser Permanente insurance; members should confirm coverage
- In-person classes; virtual classes may be available.

- Please follow the link for further information on maternity services:
<https://healthy.kaiserpermanente.org/southern-california/health-wellness/maternity/find-hospital/los-angeles/classes-resources>
- Kaiser Permanente’s educational programs let you connect with other parents while you learn about pregnancy, labor, birth, breastfeeding, baby care, safety, and parenting. Each session is 2 ½ hour long. There is no fee for Kaiser Permanente members.
- Some programs are open to non-Kaiser Permanente members. A non-member must call 323-783-4472 for more information.

UCLA Health - Ronald Reagan UCLA Medical Center

- Address: 757 Westwood Plaza, Los Angeles, CA 90095
- Classes: Maternity and childbirth classes
- Cost: Covered by some insurance plans; check with your provider
- Virtual Classes available
- Cost for UCLA Patients: \$100.00 for each three-part series. Our discount price for taking all nine classes in ne month is \$250.00
- Cost for community patients: \$150.00 for each three-part series. Our discount price for taking all nine classes in one month is \$350.00
- Clients should follow link to learn more information on how to register for classes
- <https://www.uclahealth.org/medical-services/birthplace/classes-tours/class-descriptions/online-schedule>

Serving Planning Area 6- South Los Angeles

St. Francis Medical Center

- Address: 3630 E Imperial Hwy, Lynwood, CA 90262
- Phone: (310) 900-8900
- Classes: Childbirth and maternity care
- Cost: Covered by some insurance plans; inquire for details
- Please contact the Family Center at (310) 900-2022 to inquire for services
- For more information on maternity care services please review the following link:
<https://stfrancismedicalcenter.com/services/maternity-care>

Service Planning Area 8- South Bay

Harbor-UCLA Medical Center

- Address: 1000 W Carson St, Torrance, CA 90502
- Phone: (310) 222-2345
- Classes: Childbirth and parenting classes

- Virtual Services: Online health education classes
- Cost for UCLA Patients: \$100.00 for each three-part series. Our discount price for taking all nine classes in one month is \$250.00
- Cost for community patients: \$150.00 for each three-part series. Our discount price for taking all nine classes in one month is \$350.00
- Clients should follow link to register

<https://www.uclahealth.org/medical-services/birthplace/classes-tours/class-descriptions/online-schedule>

Providence Little Company of Mary Medical Center Torrance

- Address: 4101 Torrance Blvd, Torrance, CA 90503
- Phone: (310) 540-7676
- Classes: Childbirth and parenting classes
- Cost: Covered by some insurance plans and prices vary by topic
- In-Person/Virtual: In-person classes; virtual classes may be available
- Please visit the following link to look up classes: <https://www.providence.org/services/maternity#tabcontent-3-pane-2>