

Serving Planning Area-2- San Fernando Valley and Santa Clarita Valley Region

Glendale Adventist Medical Center

Address: 1509 Wilson Terrace, Glendale, CA 91206

Classes: Childbirth class

Cost: Client requires you to be pre-registered in order to take the class. You can pre-registered anytime you are receiving any maternal healthcare services at the hospital.

In-Person Class: Please contact Griselda Gosman at gosmang@ah.org to register for Class.

Providence Saint Joseph Medical Center

Address: 501 S. Buena Vista St., Burbank, CA 91505

Classes: Childbirth and parenting classes

Cost: \$75.00. If you planning to give birth at Providence Saint Joseph Medical Center

Virtual Classes through Birth eClass

Free of cost if you are planning to give birth at Providence Health Center

Please contact the Patient Engagement Center to register for your Free eClass or if you need any other assistance at (877) 227-3457 or Local Number (213) 878-2365.

Offered in multiple languages

Price: \$75

Virtual Only

*This is an ongoing eClass which is a self-paced learning experience. Once you register you will receive an email with the necessary access code to build your account. You will then have 9 months to view and participate in this class. NO REFUNDS will be available after you have purchased the class. This eClass is available in multiple languages: English, Spanish, Portuguese, French, German, Arabic, Japanese, and Chinese. Allow 4 to 6 hours to complete

Service Planning Area 3- San Gabriel Valley

Huntington Hospital

Address: 100 W. California Blvd., Pasadena, CA 91105

Classes: Childbirth and parenting classes

Baby Virtual Live classes are available.

From Website: <https://www.huntingtonhealth.org/our-services/womens-health/huntington-baby/classes-tours/>

If you are a parent-to-be, delivering at Huntington Hospital, the hospital encourages you to sign up for Huntington Baby Virtual Live classes today.

Service Planning Area 4-Metro Los Angeles

Adventist Health White Memorial

Address: 1720 E Cesar E Chavez Ave, Los Angeles, CA 90033

Classes: Childbirth and parenting classes

- The hospital offers all classes as virtual through Teams meetings. The class schedule can be found on the adventisthealth.org/white-memorial/services/maternity-care/
- The hospital offer Childbirth Class, a three week course meeting once a week for 3 hours each, every other month
- Baby Care Class-one 3 hour class, every other month.
- Breastfeeding Class-one 2 hour class every month in English and one 2 hour class every month in Spanish
- The hospital does not provide a Spanish Childbirth Educator yet, but will update class schedules once they provide the option.
- The classes are free of charge to all attendees despite insurance or lack of insurance.
- To register for the class, simply complete the online registration form. The parent will receive a message stating their registration was received and details regarding how to join the class.

Good Samaritan Hospital

Address: 1225 Wilshire Blvd, Los Angeles, CA 90017

Classes: Childbirth classes

- Cost: Free of charge but registration is required
- PIH Health offers workshops at all three partner hospitals. An updated list of classes and schedule can be found using the website link: [Event Search Results \(pihhealth.org\)](https://pihhealth.org)
- Each hospital varies with in-person or virtual health education class options At PIH Good Samaritan Hospital location are free and currently held virtually.
- Susan Hughes is the contact for class information and registration. The following is her contact information Susan.Hughes@pihhealth.org and
- Mirian Naranjo offers the in-person maternity tours in Spanish and English, Mirian.Naranjo@pihhealth.org.”

Hollywood Presbyterian Medical Center

Address: 1300 N Vermont Ave, Los Angeles, CA 90027

Classes: Childbirth and parenting classes

Cost: Covered by some insurance plans; inquire for details

In-Person/Virtual: In-person classes; virtual classes may be available

From website: <https://www.hollywoodpresbyterian.com/our-services/maternity-services-at-cha-hollywood-presbyterian-medical-center/childbirth-classes/>

Childbirth class is a complimentary service reserved for expectant mothers who are pre-registered for delivery. All participants are requested to register for the class by calling Special Deliveries at 323.913.4909 between 8:30 a.m. to 5:00 p.m. Registrations will be confirmed the week of class. For all new mothers, please complete the pre-admission form, print it, and bring it with you when arriving at the hospital.

Serving Area 5-West Los Angeles

Cedars-Sinai Medical Center

Address: 8700 Beverly Blvd, Los Angeles, CA 90048

Classes: Maternal and Health Education Classes

- Cedars-Sinai Medical Center partners with BabyLive Advise organization for virtual live health education services.
- Each maternal health education class is a three-part series class. Each class runs 90 minutes and are scheduled all at once, each class one week apart from one another at the same time and day.
- Each class has a fee and includes two people.
- Please visit the following website to sign up for a virtual health education class.
<https://class.babyliveadvice.com/subscriber/introduction/7737407F-427B-4A06-8BCD-5C0541EC1D6D>

Kaiser Permanente Los Angeles Medical Center

Address: 4867 W Sunset Blvd, Los Angeles, CA 90027

Classes: Prenatal and Childbirth Education Classes

Cost: Covered by Kaiser Permanente insurance; members should confirm coverage

In-person classes; virtual classes may be available'

From Website: <https://healthy.kaiserpermanente.org/southern-california/health-wellness/maternity/find-hospital/los-angeles/classes-resources>

Kaiser Permanente's educational programs let you connect with other parents while you learn about pregnancy, labor, birth, breastfeeding, baby care, safety, and parenting. Each session is 2 ½ hour long. There is no fee for Kaiser Permanente members.

Some programs are open to non-Kaiser Permanente members. A non-member must call 323-783-4472 for more information.

UCLA Health - Ronald Reagan UCLA Medical Center

Address: 757 Westwood Plaza, Los Angeles, CA 90095

Classes: Maternity and childbirth classes

Cost: Covered by some insurance plans; check with your provider

Virtual Classes available

Clients should follow link to register

<https://www.uclahealth.org/medical-services/birthplace/classes-tours/class-descriptions/online-schedule>

Registration:

Click "Register Online" to register and pay online for all BirthPlace Classes. After completing the registration page, you will be taken to the payment website.

UCLA Patient:

Please note, you must be pre-registered to deliver at our UCLA hospitals. For patients that are not planning to deliver with UCLA Health, who would still like to participate in our online classes – you are welcome to register for the classes. Priority is given to UCLA Health Patients.

Payment:

Please note, ***your space in the class is not reserved until payment is completed.*** Please verify that your transaction is complete and that you have received an email receipt for the payment.

ZOOM:

Please read the instructions for ZOOM set up that will be sent to the email used for registration.

Please allow 48 to 72 hours for the link to be sent.

Each class session is an hour and half long and varies days and times for the topic. Childbirth preparation series is held on Thursdays from 5:30pm to 7:00pm or 7:30pm to 9:00pm.

Birthplace hours are Monday-Friday 9:00 am to 5:00 pm and closed for the holidays.

Cost:

Cost for UCLA patients: \$100.00 for each three-part series. Our discount price for taking all nine classes in one month is \$250.00

Cost for community patients: \$150.00 for each three-part series. Our discount price for taking all nine classes in one month is \$350.00

If you need assistance, please contact the BirthPlace@mednet.ucla.edu

Serving Planning Area 6- South Los Angeles

St. Francis Medical Center

Address: 3630 E Imperial Hwy, Lynwood, CA 90262

Classes: Childbirth and maternity care

Cost: Covered by some insurance plans; inquire for details

Please contact the Family Center at (310) 900-2022 to inquire for services

Service Planning Area 8- South Bay

Harbor-UCLA Medical Center

Address: 1000 W Carson St, Torrance, CA 90502

Classes: Childbirth and parenting classes

Virtual Services: Online health education classes

Clients should follow link to register

<https://www.uclahealth.org/medical-services/birthplace/classes-tours/class-descriptions/online-schedule>

Registration:

Click "Register Online" to register and pay online for all BirthPlace Classes. After completing the registration page, you will be taken to the payment website.

UCLA Patient:

Please note, you must be pre-registered to deliver at our UCLA hospitals. For patients that are not planning to deliver with UCLA Health, who would still like to participate in our online classes – you are welcome to register for the classes. Priority is given to UCLA Health Patients.

Payment:

Please note, ***your space in the class is not reserved until payment is completed.*** Please verify that your transaction is complete and that you have received an email receipt for the payment.

ZOOM:

Please read the instructions for ZOOM set up that will be sent to the email used for registration. Please allow 48 to 72 hours for the link to be sent.

Each class session is an hour and half long and varies days and times for the topic. Childbirth preparation series is held on Thursdays from 5:30pm to 7:00pm or 7:30pm to 9:00pm.

Birthplace hours are Monday-Friday 9:00 am to 5:00 pm and closed for the holidays.

Cost:

Cost for UCLA patients: \$100.00 for each three-part series. Our discount price for taking all nine classes in one month is \$250.00

Cost for community patients: \$150.00 for each three-part series. Our discount price for taking all nine classes in one month is \$350.00

If you need assistance, please contact the BirthPlace@mednet.ucla.edu

Providence Little Company of Mary Medical Center Torrance

Address: 4101 Torrance Blvd, Torrance, CA 90503

Classes: Childbirth and parenting classes

Cost: Covered by some insurance plans and prices vary by topic

In-Person/Virtual: In-person classes; virtual classes may be available

Please visit the following link to look up classes:

<https://www.providence.org/services/maternity#tabcontent-3-pane-2>