How safe is your child?

Over 4 million poisonings occur each year, over half to children.

A child can have lead poisoning and not look or act sick. Lead hurts a child's brain and causes problems that can't be reversed.

Lead Poisoning Prevention Week

OCTOBER 21-27, 2012

10 tips on keeping your family lead-safe

1. **Get the lead out—tidy up!** Soil and dust spread lead. Wet-mop floors, wet wipe windowsills, vacuum, dust and wash surfaces often
2. **Clean up that fun.** Give the kid's toys a bath—toys collect dust and dirt that often contain lead. Rub-a-dub-dub today.
3. **This Old House?** Paint used in houses built prior to 1978 is likely to contain lead. Keep your child away from cracked or peeling paint and repaint to cover it up.
4. **Sweet tooth for Mexican candy?** Avoid tamarind and chili flavors for kids & pregnant women, they may have lead.
5. **Don't bring work home.** If you work in painting, remodeling, auto repair, you might be working with lead. Keep work clothes out of living areas.
6. **Think better.** Lead poisoning can make it hard for children to think, pay attention, and behave. Get a blood lead test for your child at 1 and 2 years of age.
7. **Easy on the bling.** Some children's jewelry may contain lead. Wash your child's hands often and make sure to keep it out of kid's mouths.
8. **Home fix-up projects that expose old paint can create toxic dust.** Take steps to prevent dust from entering living areas and don't track-in dust.
9. **Did you know lead poisoning is most common environmental illness in U.S. kids?** Call your local Childhood Lead Poisoning Prevention Program if you have questions: www.cdph.ca.gov/programs/clppb
10. **Well fed = less lead.** Feed your child foods with calcium, iron and vitamin C to keep lead from hurting them.

Text **TIPS**, or **AVISOS** in Spanish to **69866**

You will receive one lead poisoning prevention tip each day during National Lead Poisoning Prevention Week (October 21-27, 2012) and then a general home and safety message once a week! **The service is free**, though standard rates may apply from your carrier.

fast, free, expert help
CALIFORNIA POISON CONTROL
1-800-222-1222

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